

Tissue Engineering : basic principles for proper cells' function

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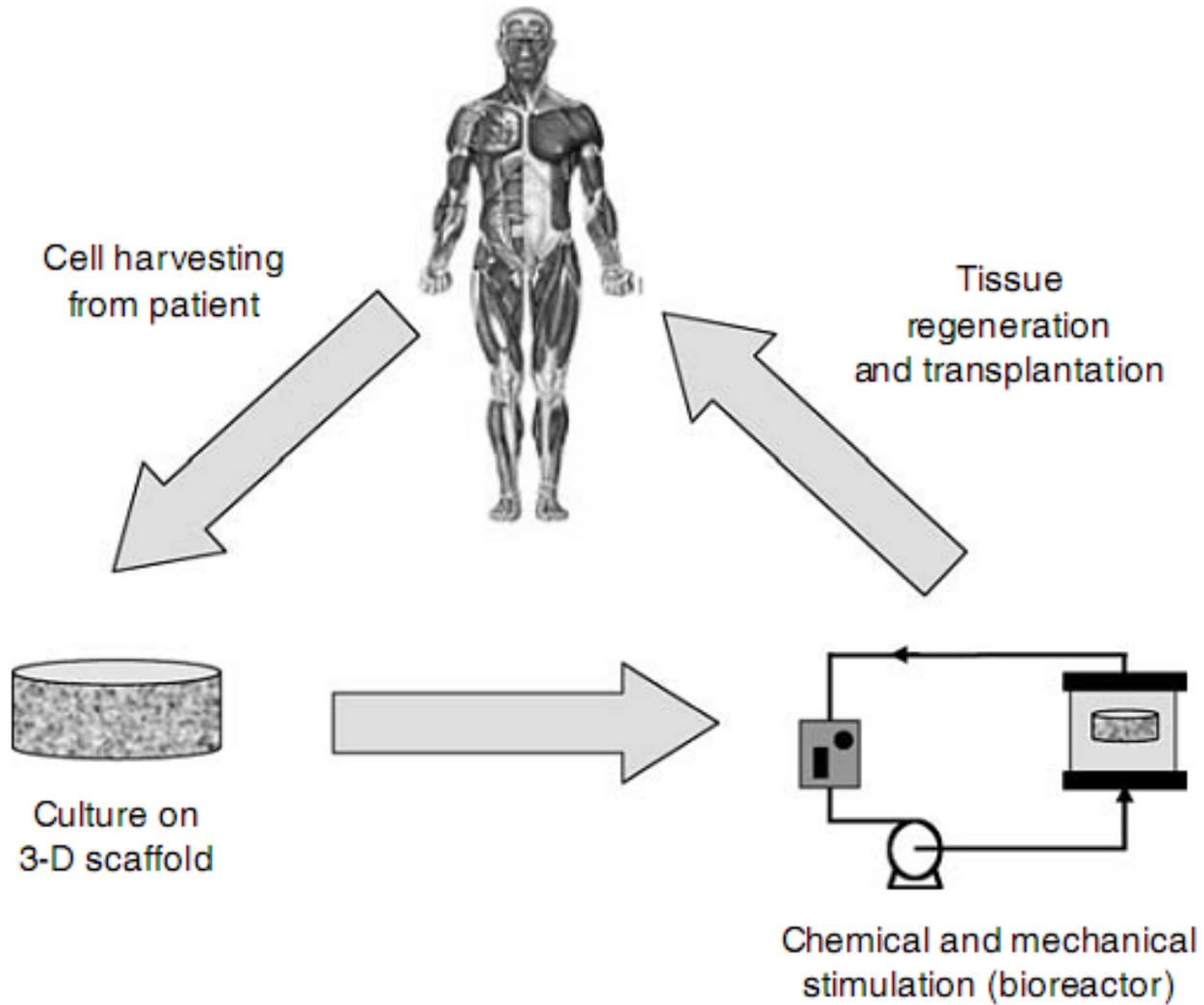
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School lecture, Madrid, June 19, 2015

Basic steps in the process of tissue engineering



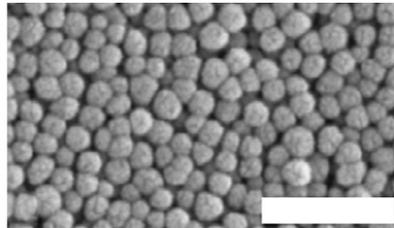
Cell's microenvironment

- Soluble/insoluble chemical factors
- Surface topography
- Mechanical forces

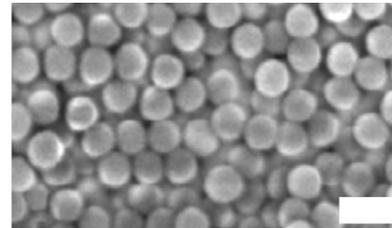
Effects of biomaterial – scaffold properties on f-actin

Morphological characteristics of a biomaterial surface play an important role in determining cellular behaviour

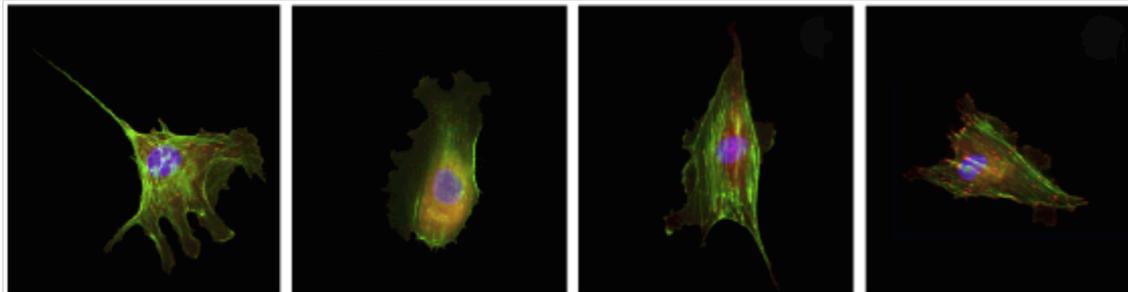
Glass substrates coated with monodispersed silica nanoparticles (NP) of 50, 100 and 300 nm in diameter are surfaces of identical chemistry, but varied roughness



100 nm silica NP-modified GI



300 nm silica NP-modified GI



glass

50 nm NP

100 nm NP

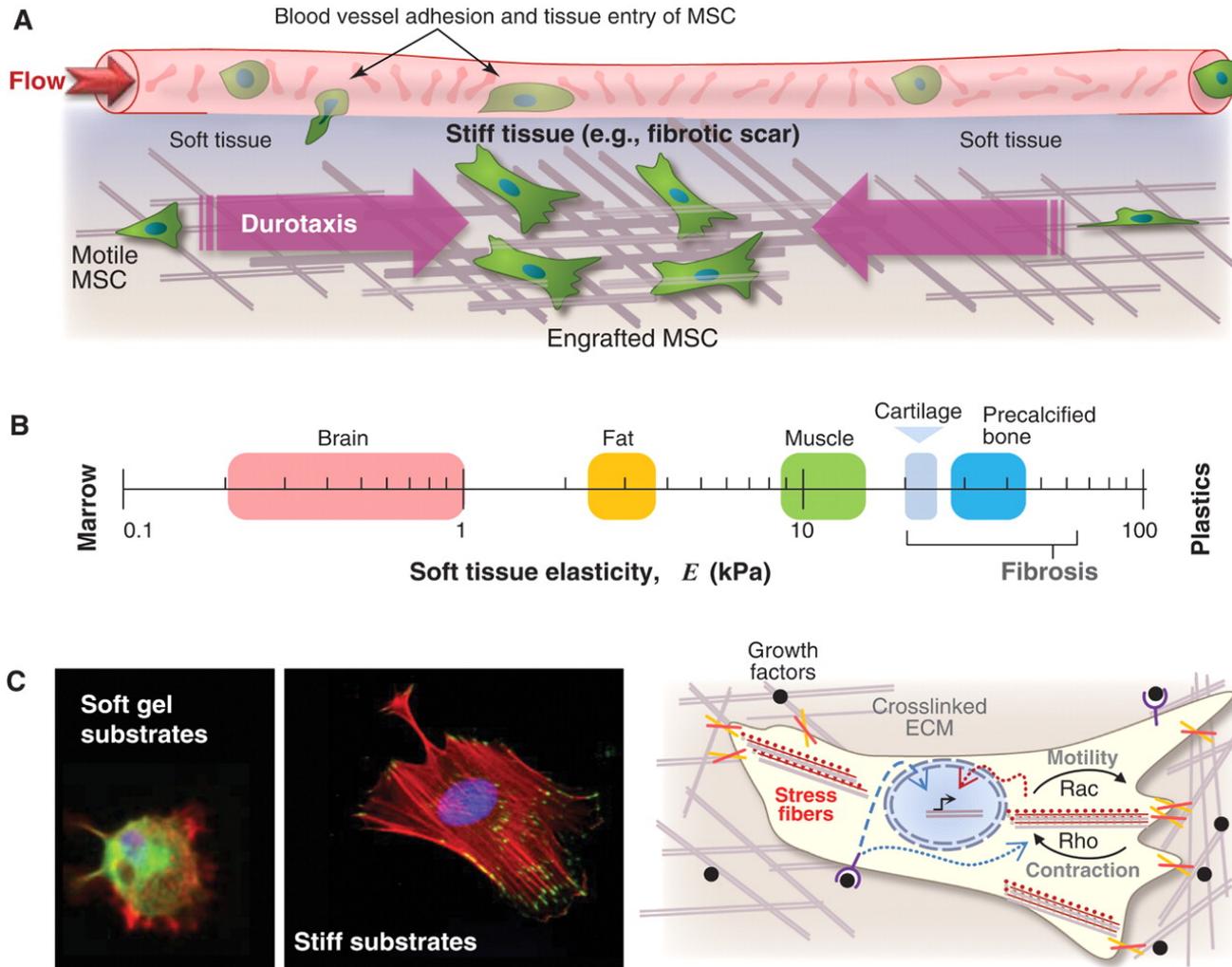
300 nm NP

Images of BAEC cells cultured on NP-modified surfaces. Cytoskeletal F-actin fibers (green), FAC (red), and nucleus (blue)

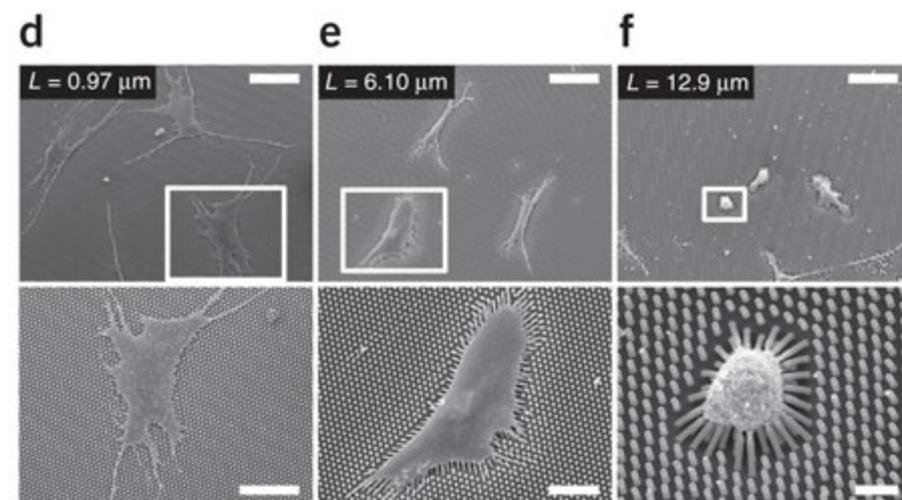
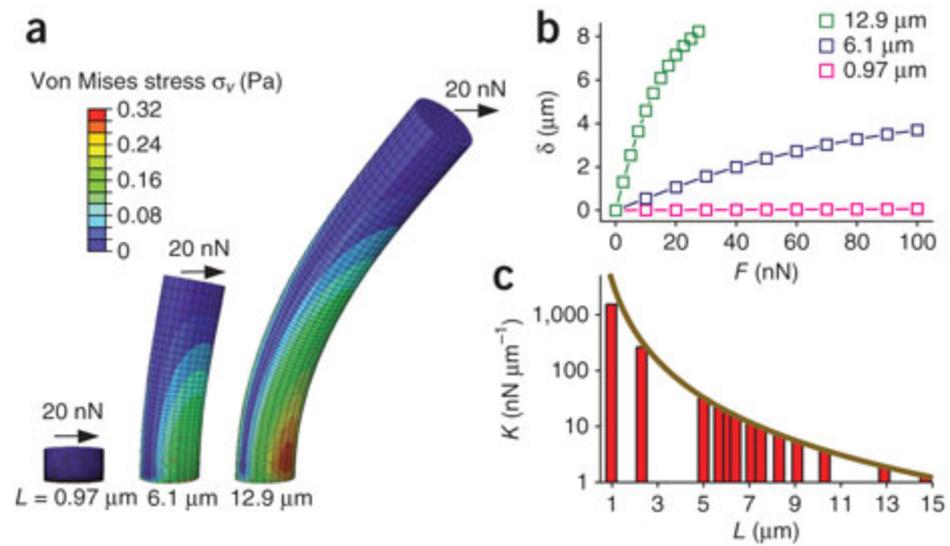
Increasing NP size, which results in an increase in surface nanoroughness, increases F-actin alignment with respect to the cell's major axis

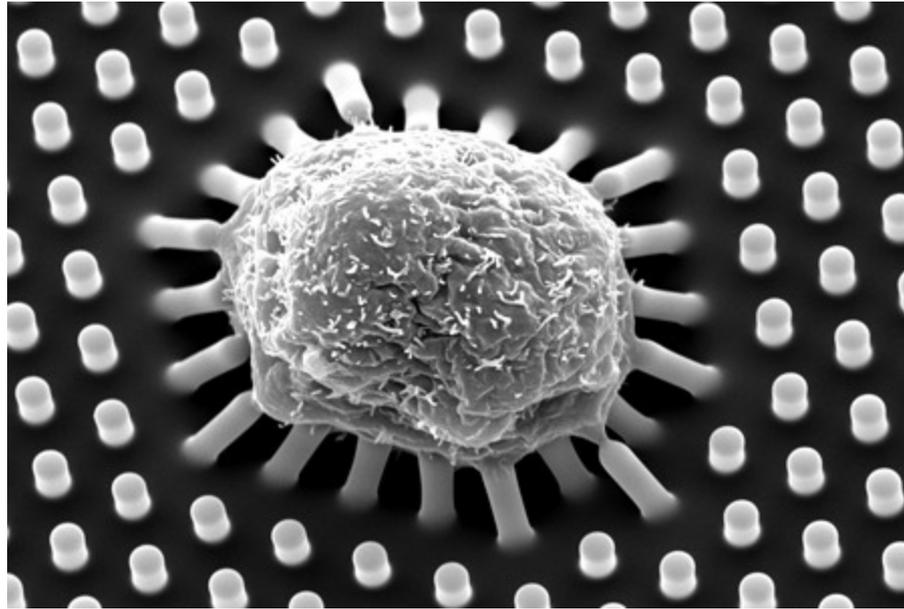
F-actin fibers begin to span the entire length of the cell, and FACs appear to localize at the cell periphery where the fibers terminate.

Fig. 2 Forces and ECM in stem cell trafficking.



D E Discher et al. Science 2009;324:1673-1677

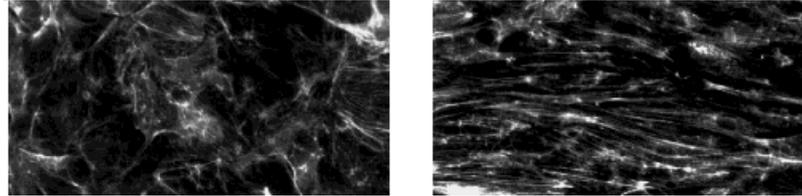




Effects of mechanical stimulation on f-actin

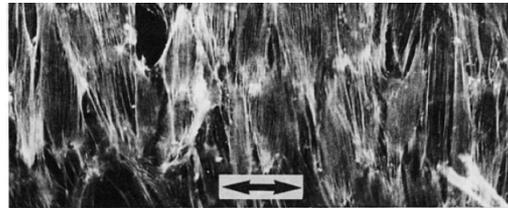
Fluid shear stress stimulation induces endothelial cells to elongate and align in the direction of applied flow

F-Actin



A. M. Malek et al., (1996). Mechanism of endothelial cell shape change and cytoskeletal remodeling in response to fluid shear stress. *Journal of Cell Science* 109, 713-726.

Cyclic stretching (diameter oscillations, strain along the axis) cause actin filaments to orient in parallel alignment perpendicular to the stretch direction

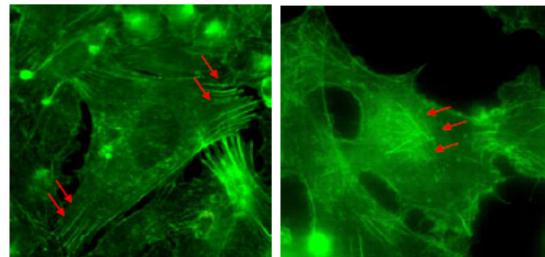


P. C. Dartsch, (1989). Response of cultured endothelial cells to mechanical stimulation. *Basic Res Cardio*, 184, 268-281.

Gravity influences the migration profile of endothelial cells and is correlated with actin polymerization patterns

Gravity

Microgravity

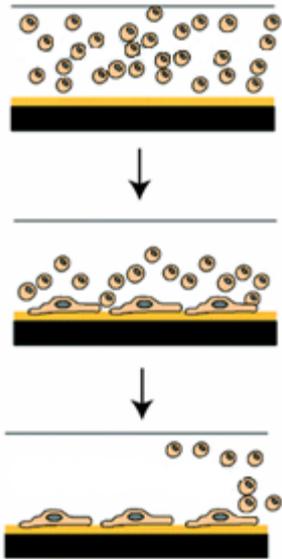


J. H. Siamwala, (2010). Simulated microgravity perturbs actin polymerization to promote nitric oxide-associated migration in human immortalized Eahy926 cells. *Protoplasma*, 24, :3-12.

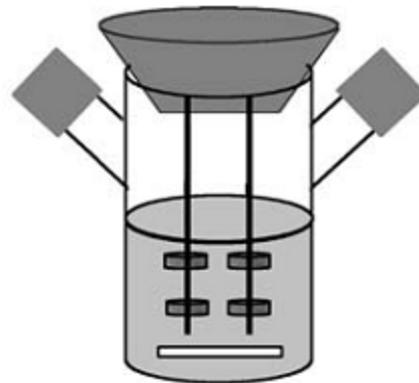
Cell seeding in bioreactors

The aim of the seeding process is to ensure quality, reproducibility, efficiency and uniformity

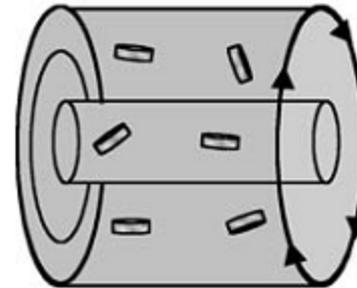
Available protocols



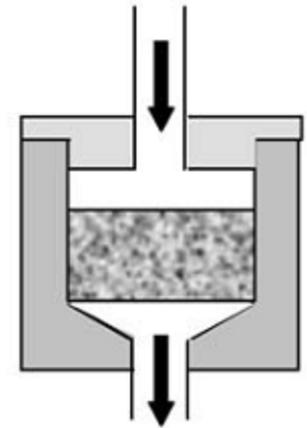
Static seeding



Spinner flask



Rotating wall



Perfusion system

From experimental,
trial and error protocols



To computational models :

- complex pore architecture
- fluid dynamics
- kinetics of cell adhesion
- biomaterial properties

Physical conditioning of developing tissues

Fluid-driven mechanical stimulation

- shear stress (cartilage, bone, endothelial cells)
- differential pressure (blood vessels, heart valves)
- combination of the above (blood vessels, heart valves)

Mechanical conditioning

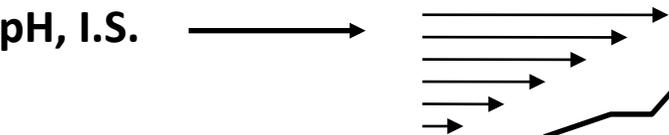
- tension (tendons, ligaments, skeletal muscle tissue, cardiac tissue)
- compression (cartilage)
- bending (bone)
- gravity orientation and magnitude (cartilage, endothelial cells)

Electrical stimulation

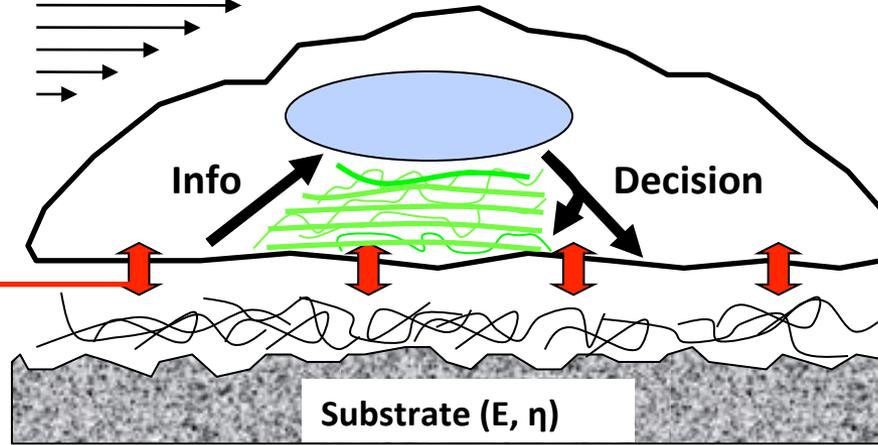
- application of electrical field (skeletal muscle, cardiac constructs, sensory neurons)

Dynamic flow – shear rate

pH, I.S.



“multilingual”
cross talk



ECM

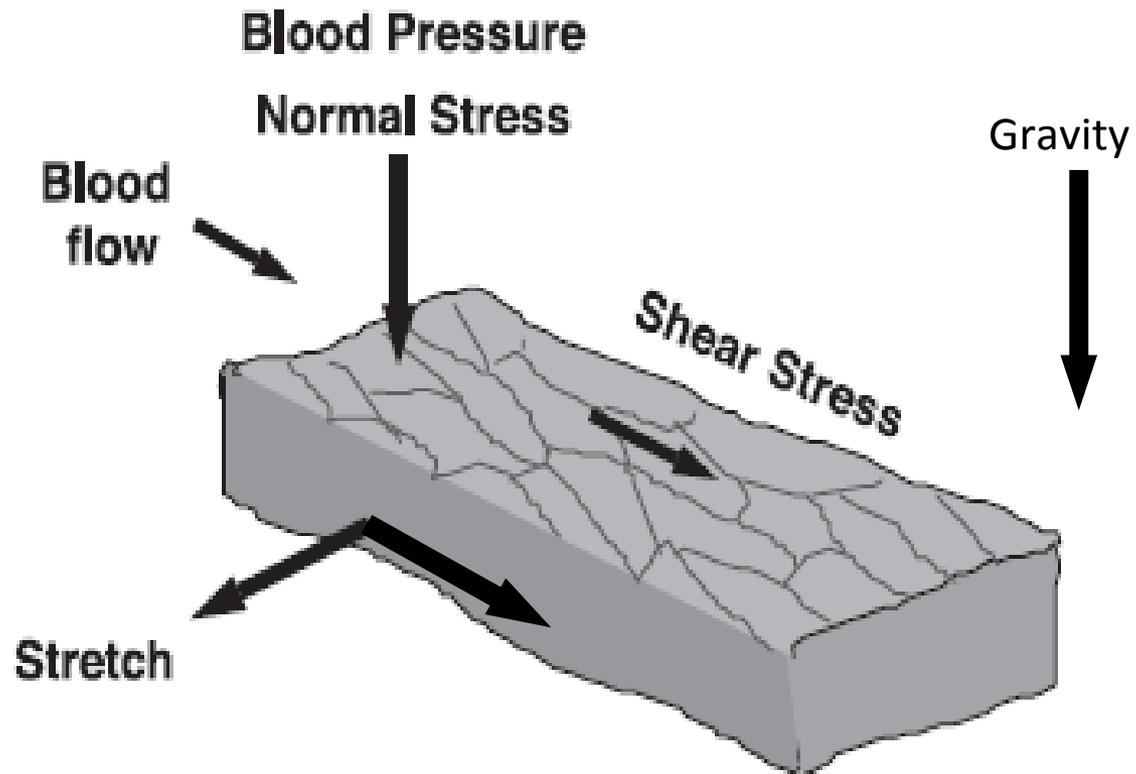
- chemistry
- mechanics
- 3D structure
- remodeling

Physicochemical effects of fluid – Cell – ECM microenvironment

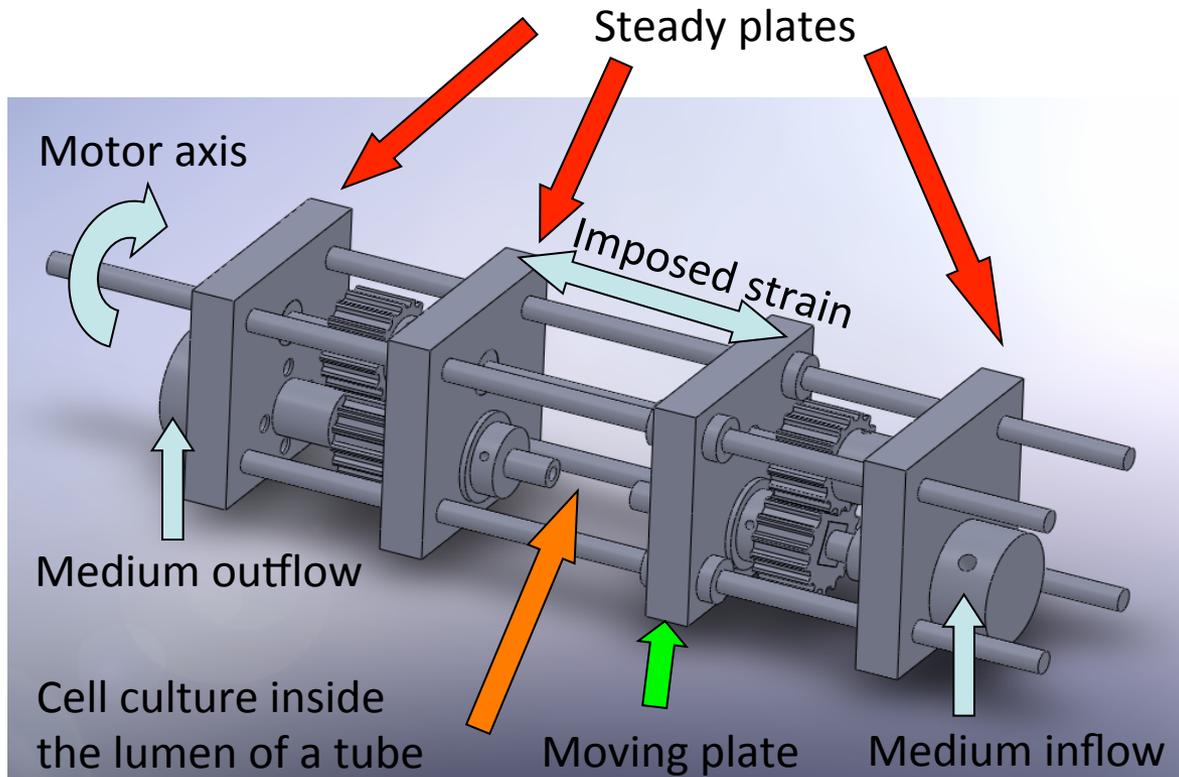
Purpose : Culturing of cells under simulated *in-vivo* mechanical environment

In the case of Endothelial Cells (ECs) :

- Flow – Shear stress
- Tensile stretch
- Gravity
- Pressure



Design and construction of a multipotent testing device

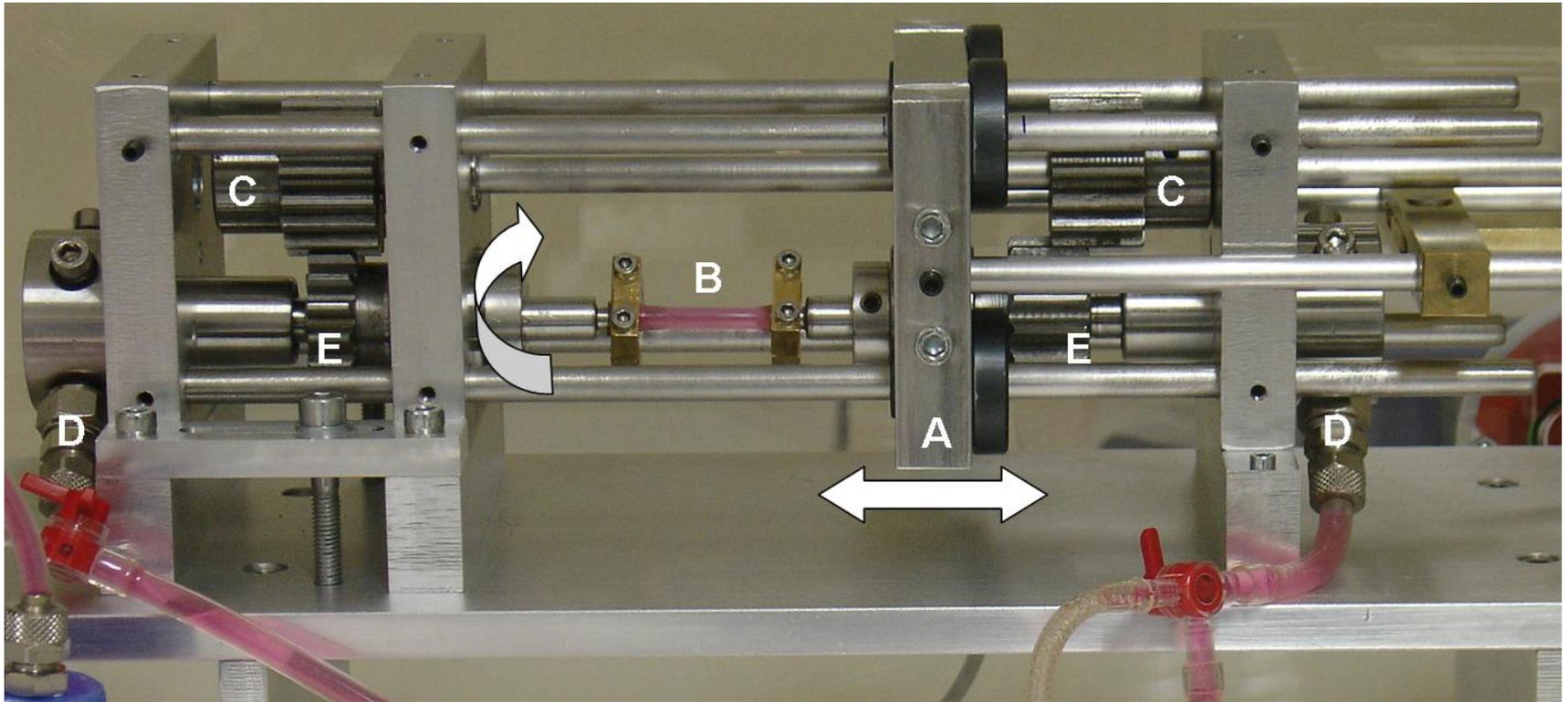


Functional modes of the bioractor :

- shear stress, as a result of the medium flow,
- normal stress attributable to internal pressure,
- substrate strain due to vessel's wall compliance and
- gravitational forces (gravity orientation due to rotation)

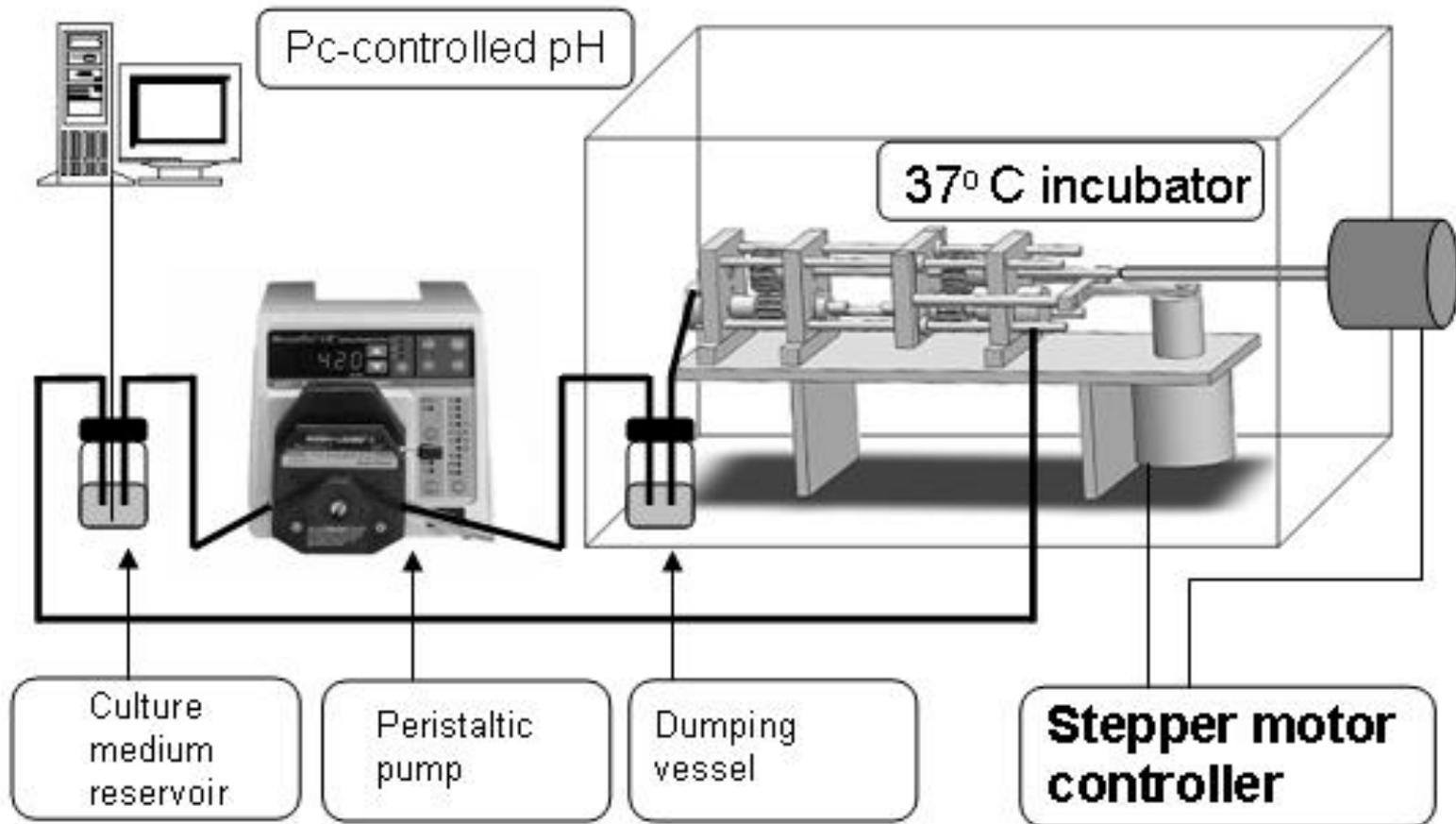
Drawing of the rotating wall bioreactor created by 3-D CAD software (Solidworks)

Design and construction of a multipotent testing device

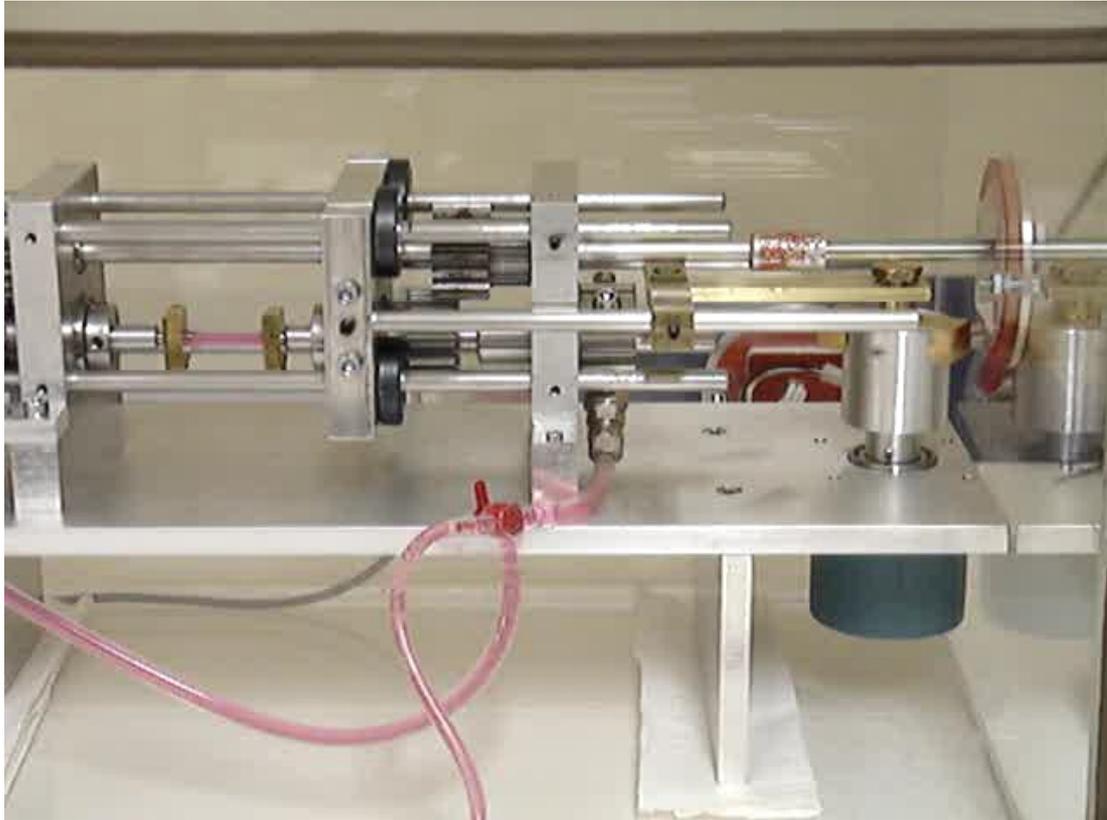


A) Oscillating plate delivering the uniaxial substrate strain or compression. B) Loaded biomaterial specimen seeded with cells. C) Rotation mechanism on both ends of the tubular specimen to avoid torsion. D) Medium inflow and outflow delivering the shear stress and hydrostatic pressure to the cells. E) Free ends of stainless steel ducts entering a hollow drum. The conjunction of the two parts is sealed with O-rings.

Experimental set up of the testing device



Experiment in progress...



All function modes of the device active:

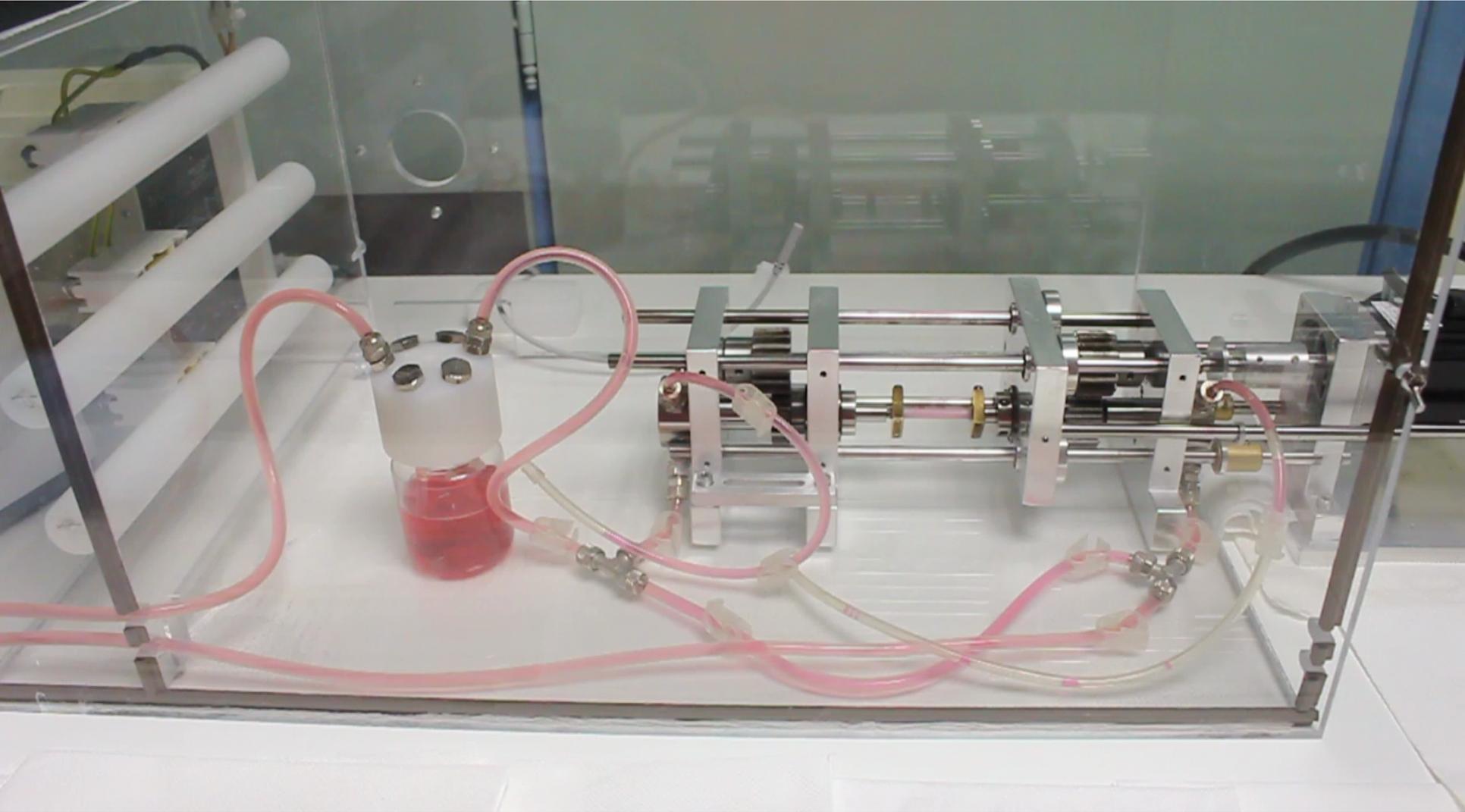
- rotation
- perfusion
- substrate strain

- Ethylene Vinyl Acetate (EVA) tubular specimens are used as cell culture substrate.

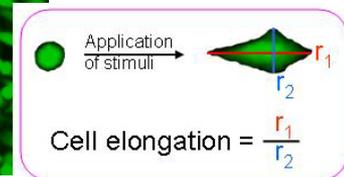
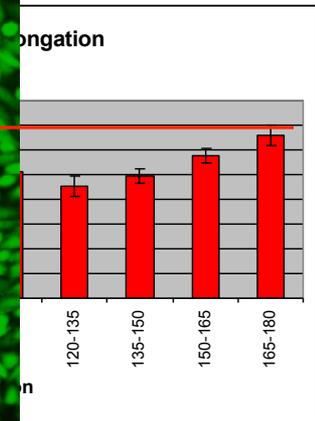
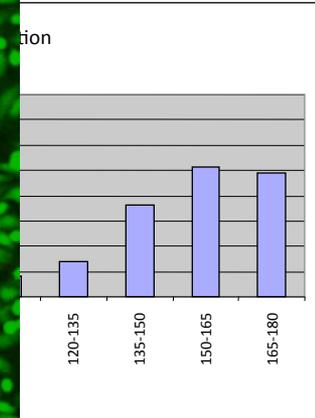
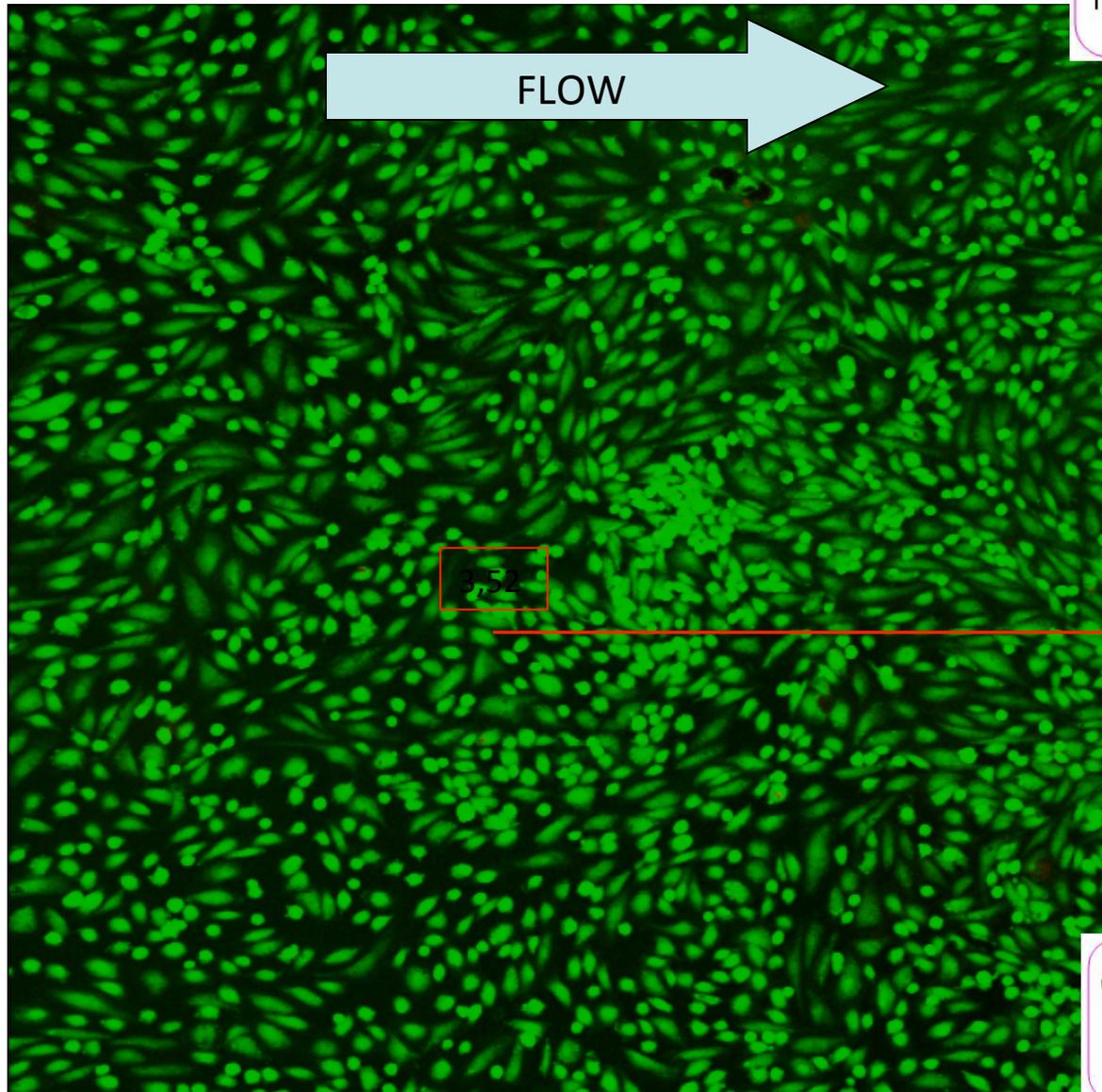
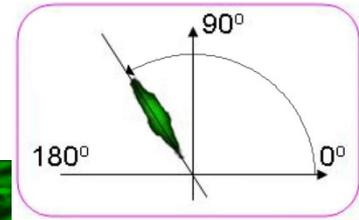
Inner diameter 4 mm, wall thickness 1 mm and total length 4 cm.

- EVA tubes are processed with:
 1. 37% HCl 3hrs
 2. 70% ethanol
 3. 3 times with 1X PBS
 4. 4% gelatin solution 2hrs at 37°C
 5. 12,5% glutaraldehyde 1min (for the crosslinking of gelatin)
- 50.000 cells/cm² are seeded at the lumen of the tube as it rotates. Four hours after seeding, a mechanical stimulus is superimposed.

2nd generation of our “bioreactor”

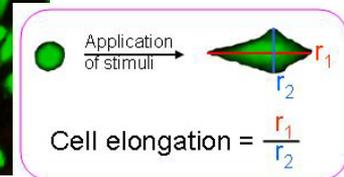
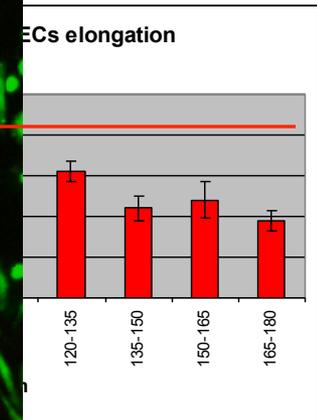
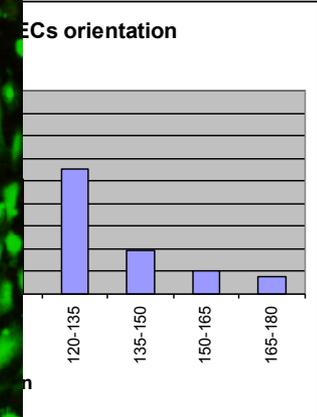
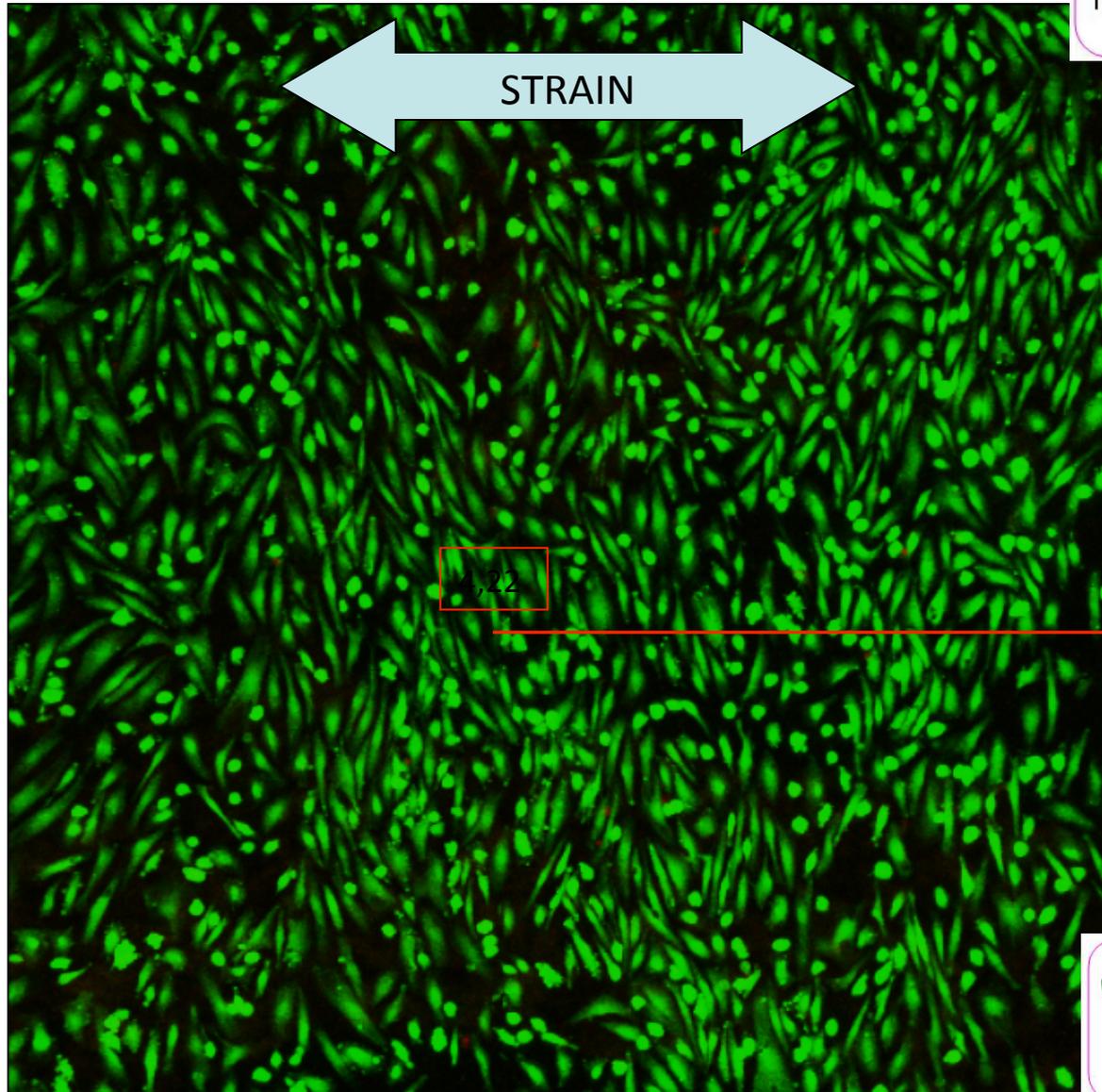
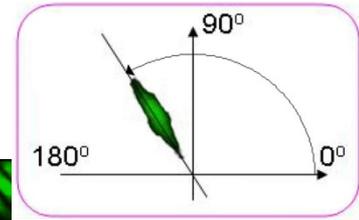


Effect of 10^3s^{-1} shear rate on ECs culture



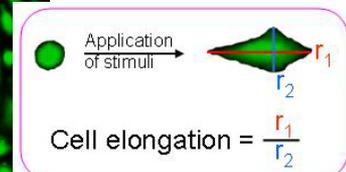
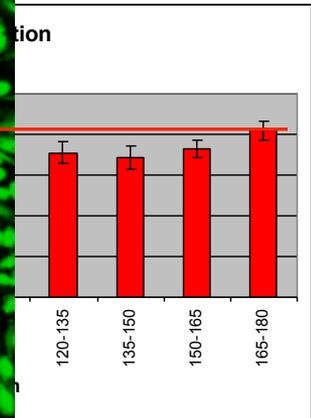
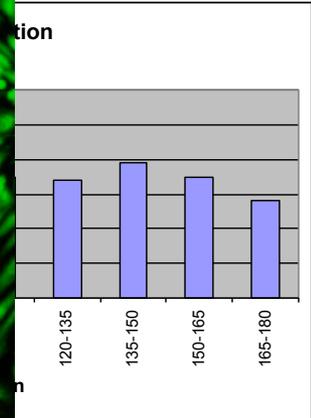
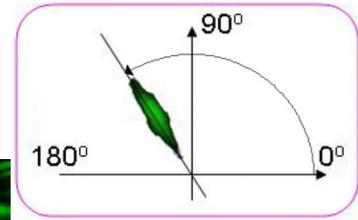
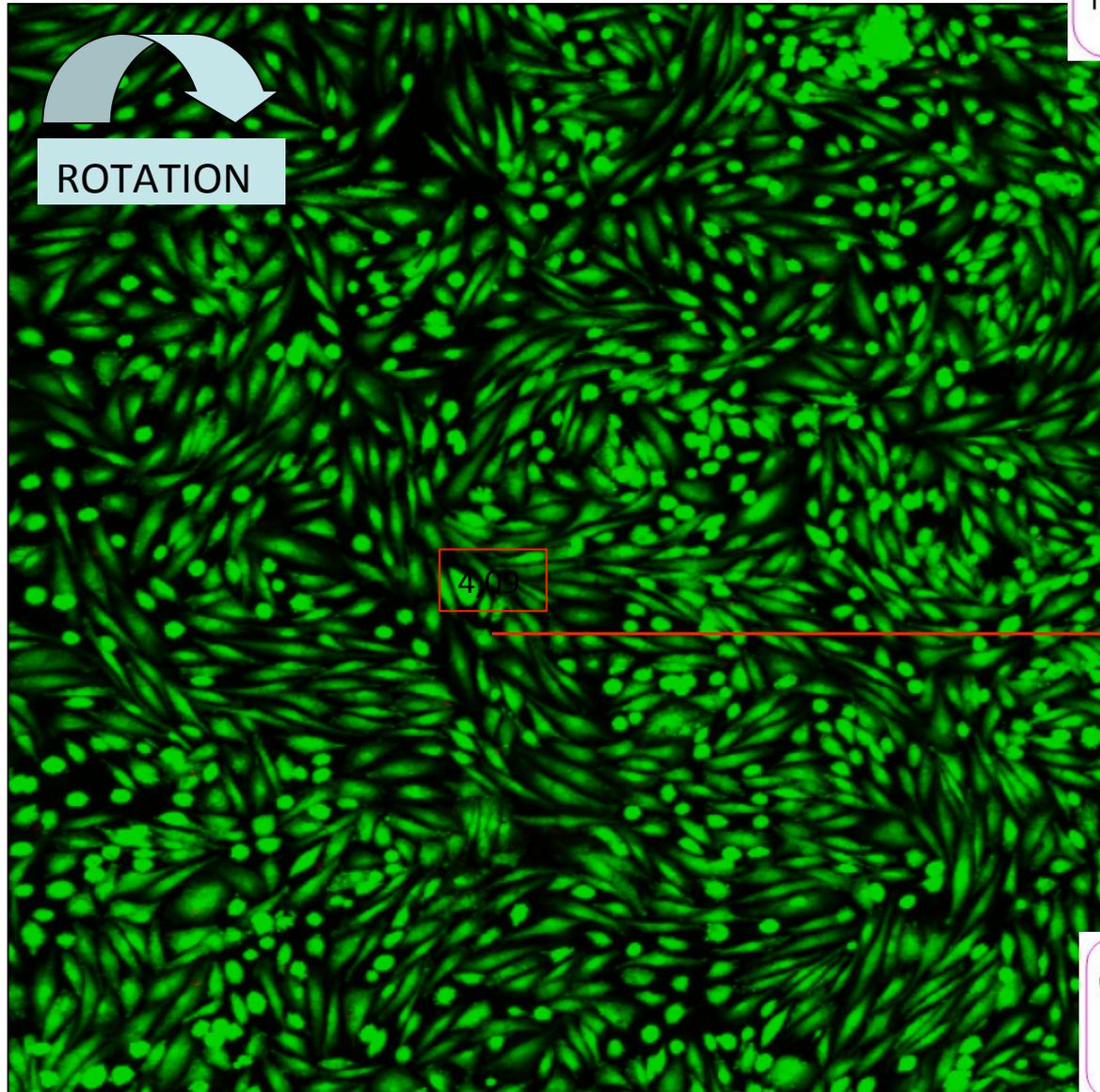
FDA/PI staining
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 Field of view:
 1,27mmX1,27mm

Effect of 6,7%, 1Hz uniaxial cyclic strain on ECs culture



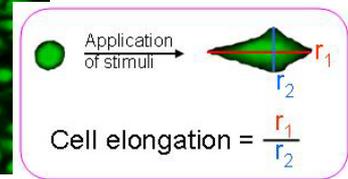
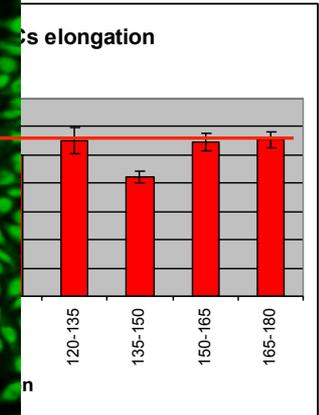
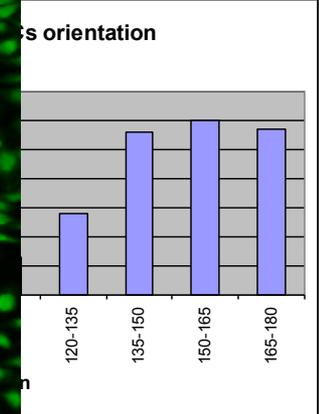
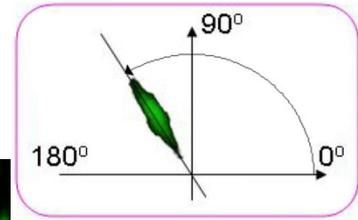
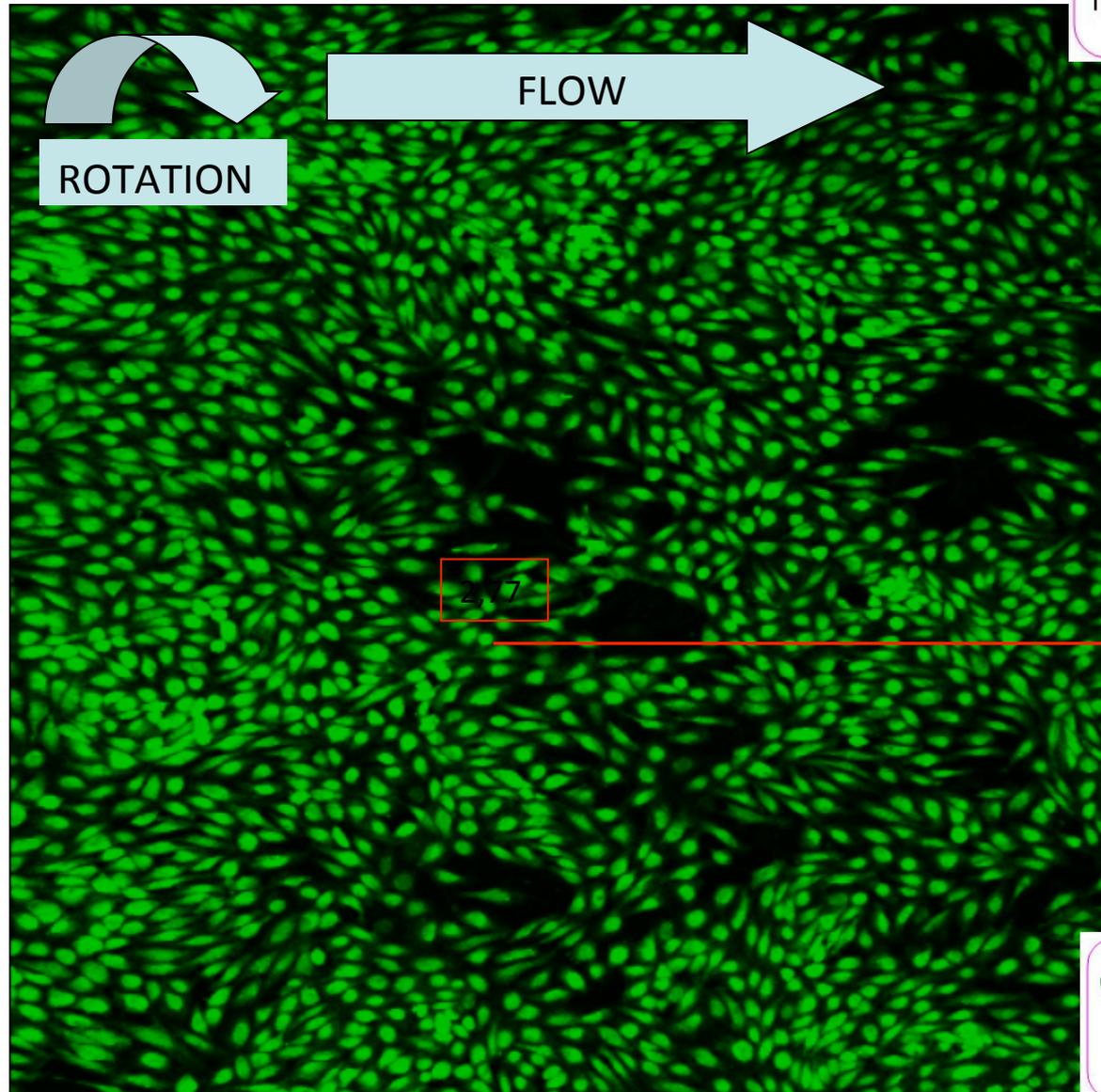
FDA/PI staining
 Magnification: 10X
 Field of view:
 1,27mmX1,27mm

Effect of 1800rph on ECs culture



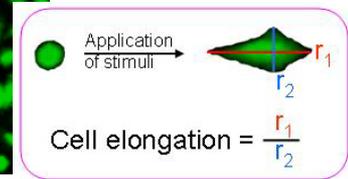
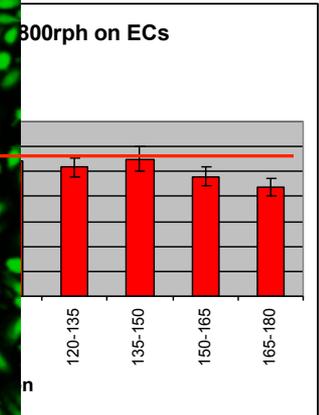
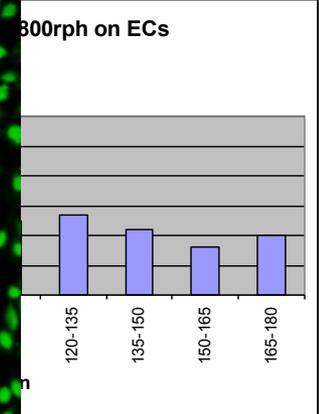
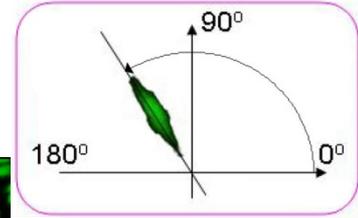
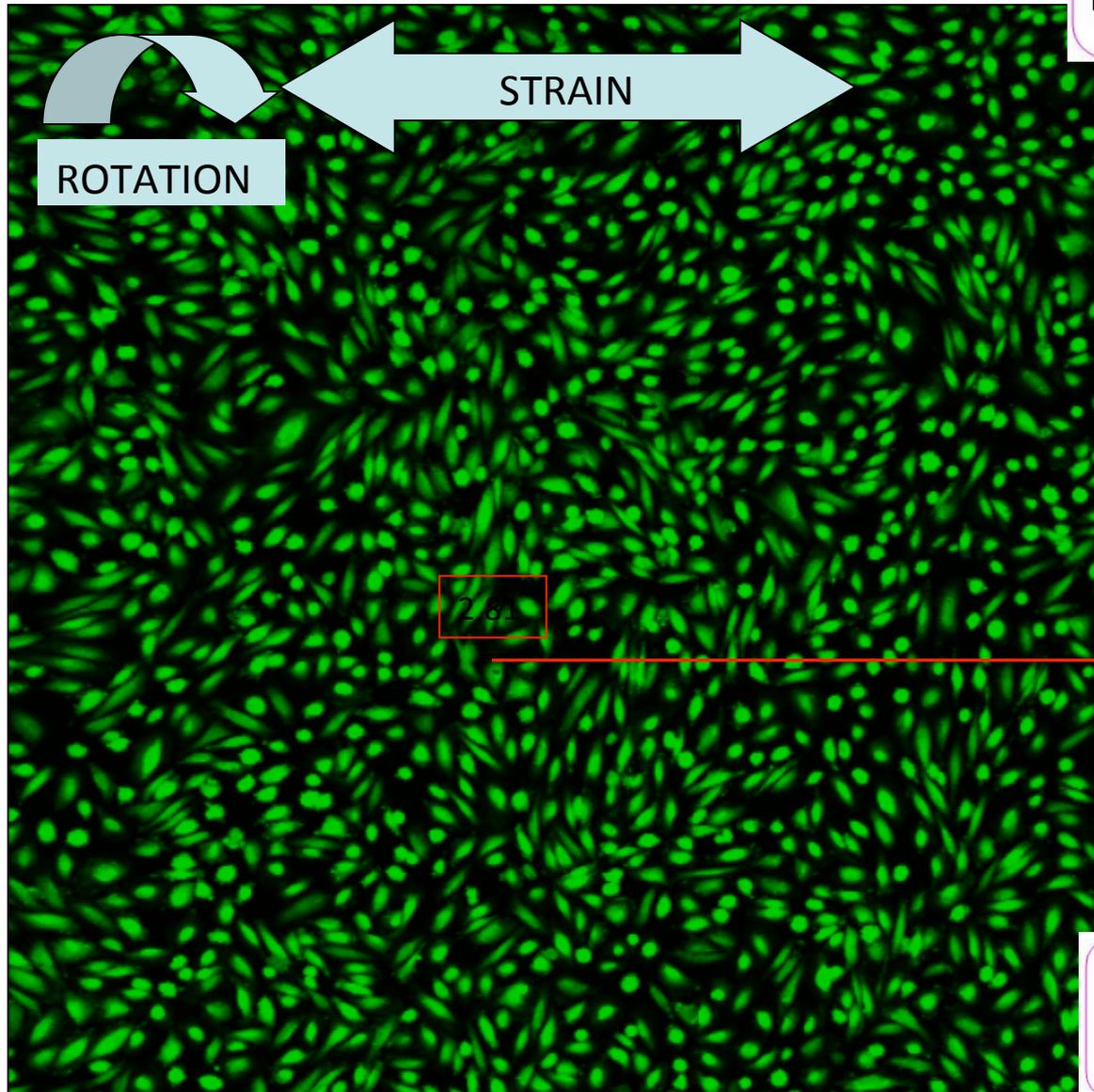
FDA/PI staining
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 Field of view:
 1,27mmX1,27mm

Effect of 10^3s^{-1} shear rate and 1800rph on ECs culture



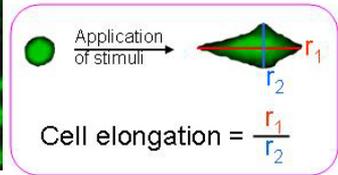
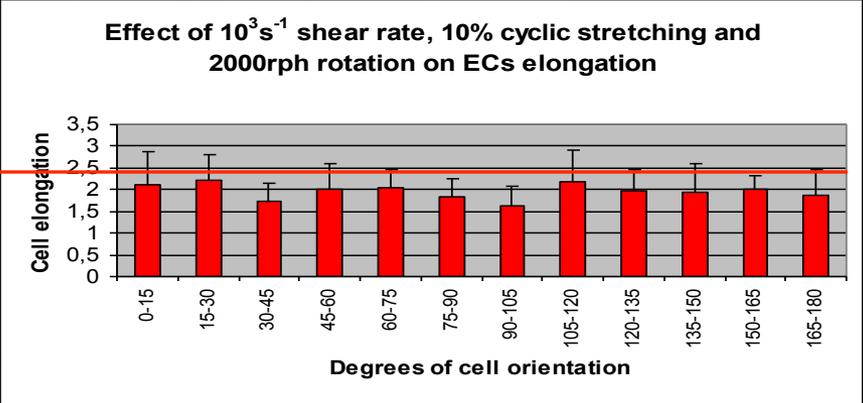
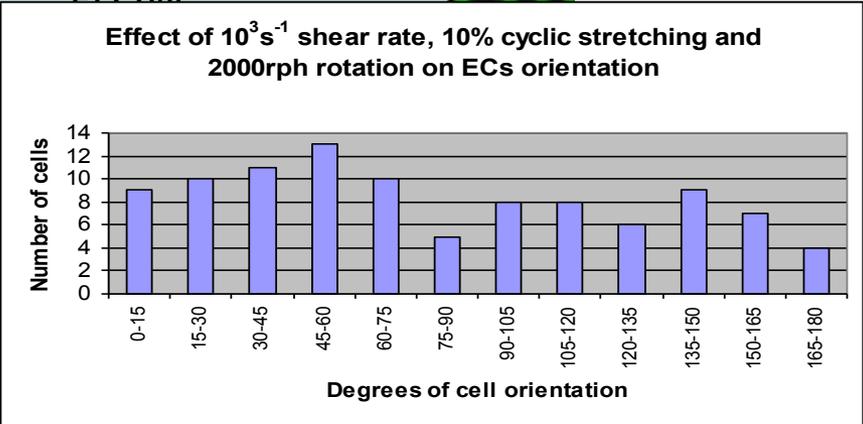
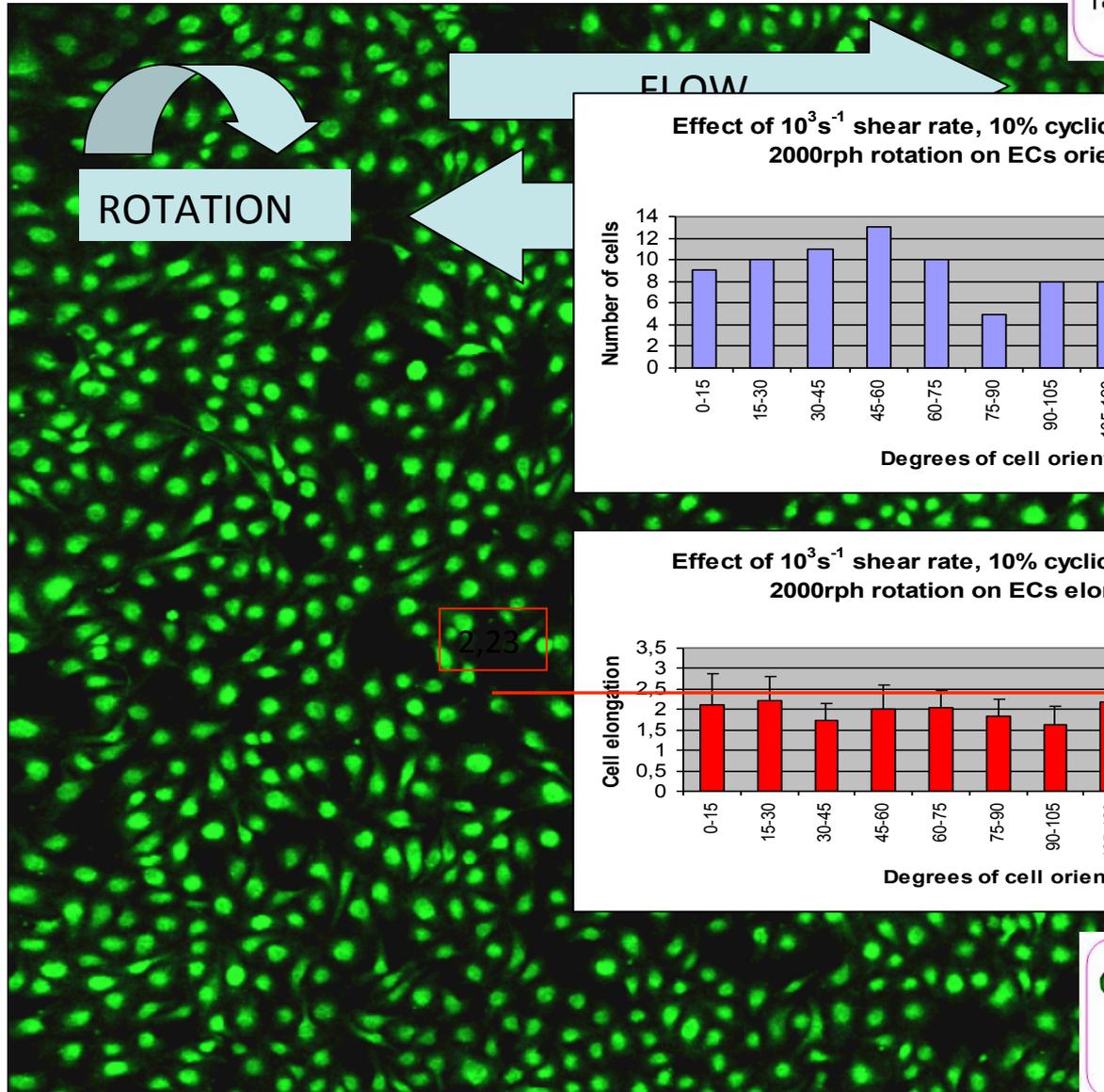
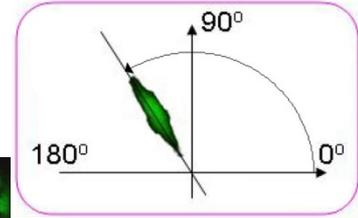
FDA/PI staining
 Magnification: 10X
 Field of view:
 1,27mmX1,27mm

Effect of 6,7%, 1Hz uniaxial cyclic strain and 1800rph on ECs culture

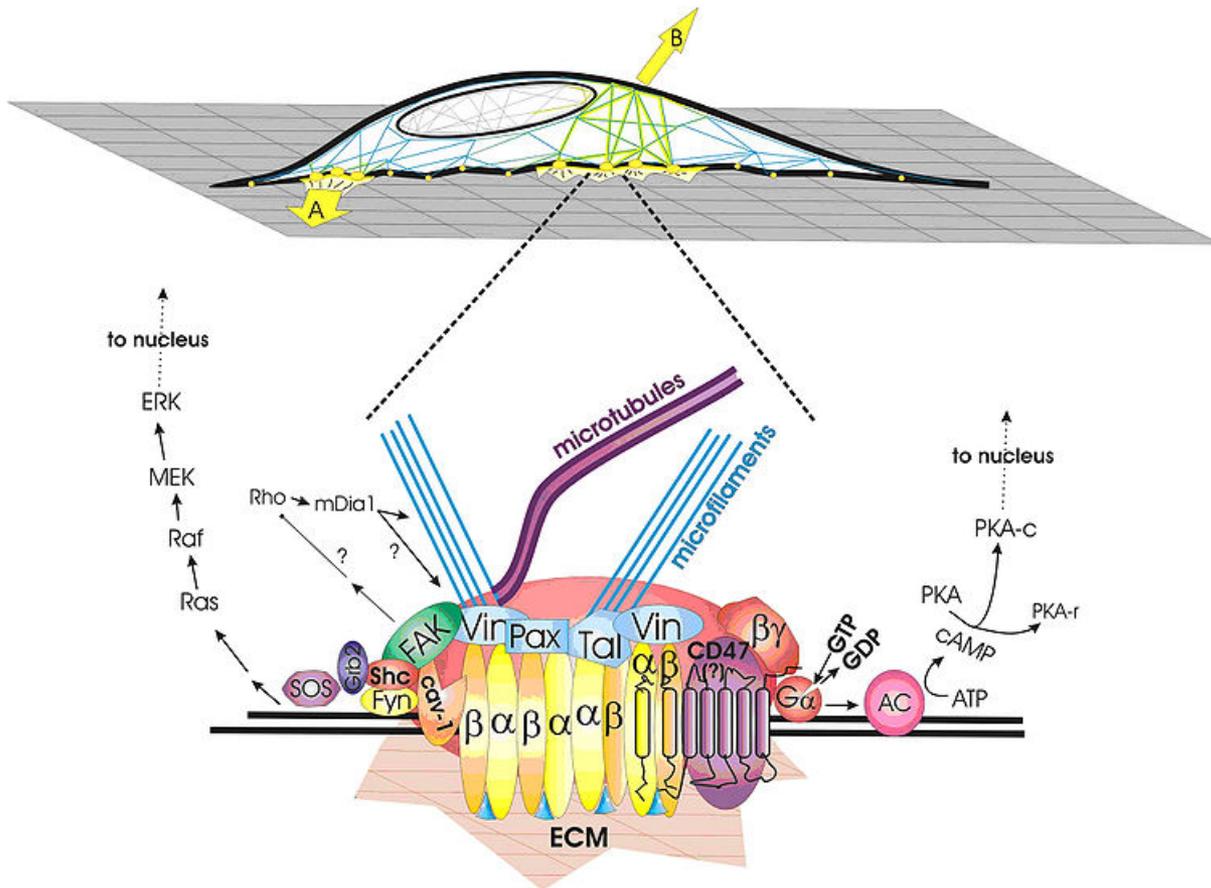


FDA/PI staining
 Magnification: 10X
 Field of view:
 1,27mmX1,27mm

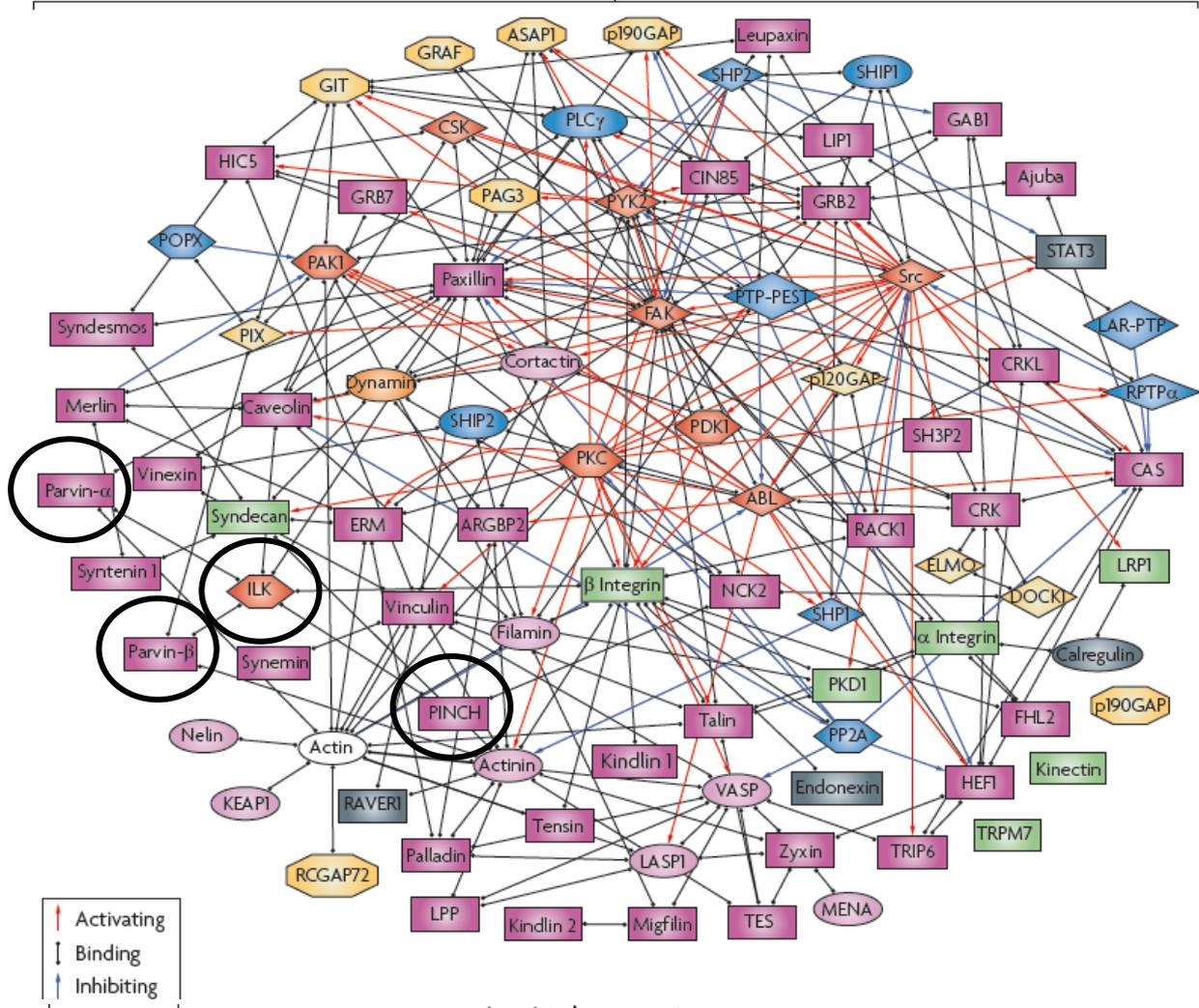
Effect of 10%, 1Hz uniaxial cyclic strain, 2000rph and 10^3s^{-1} shear rate on ECs culture



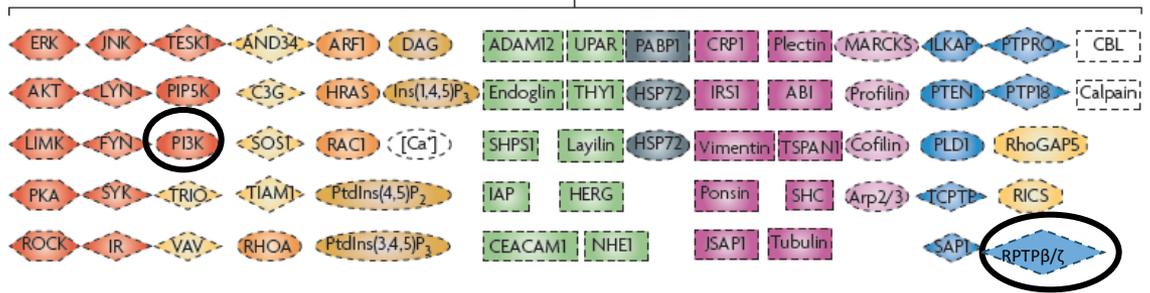
FDA/PI staining
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 Field of view:
 1,27mmX1,27mm



Intrinsic components

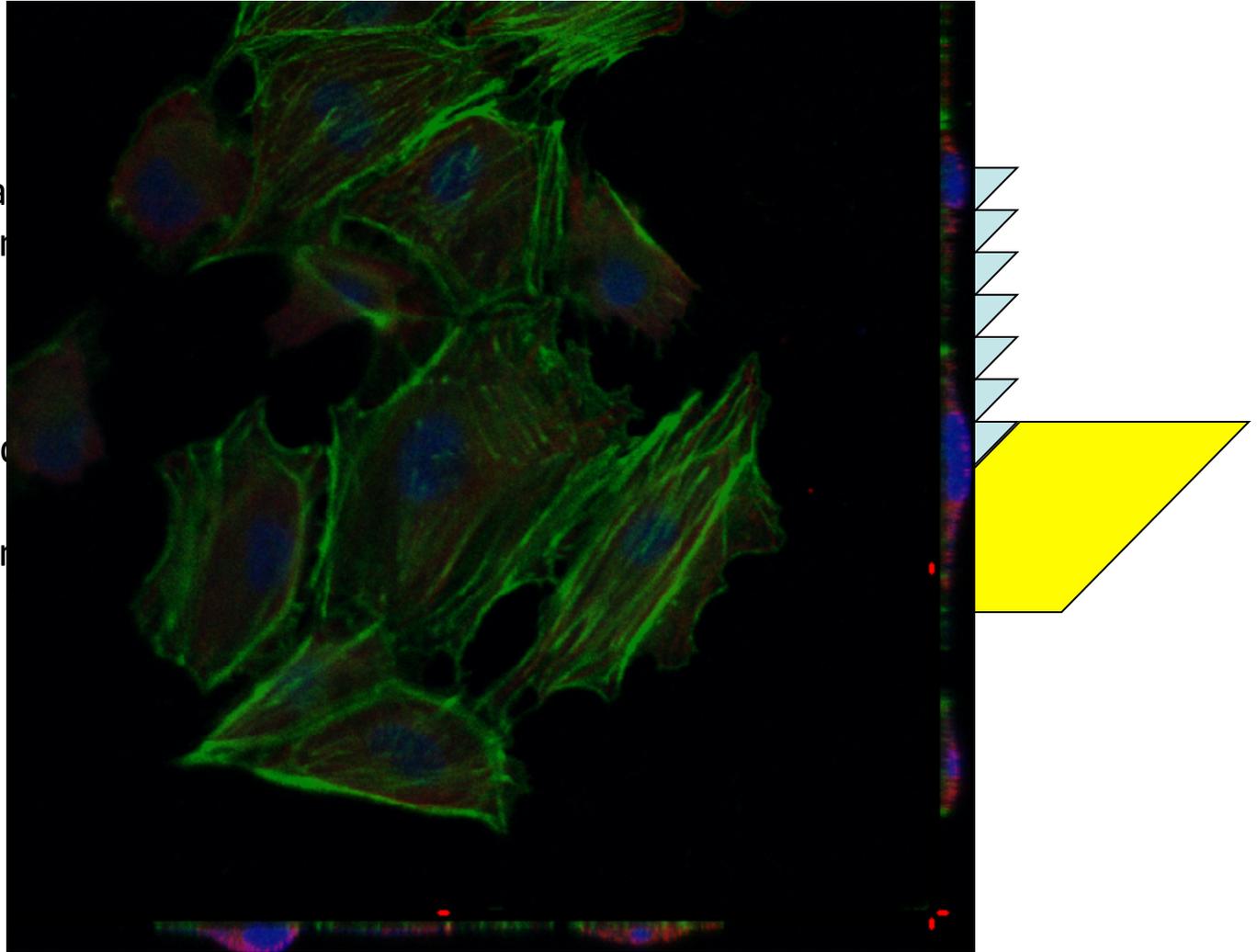


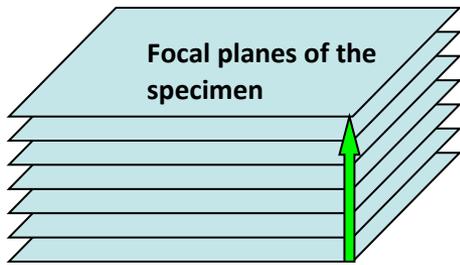
Associated components



 Focal pla
specimen

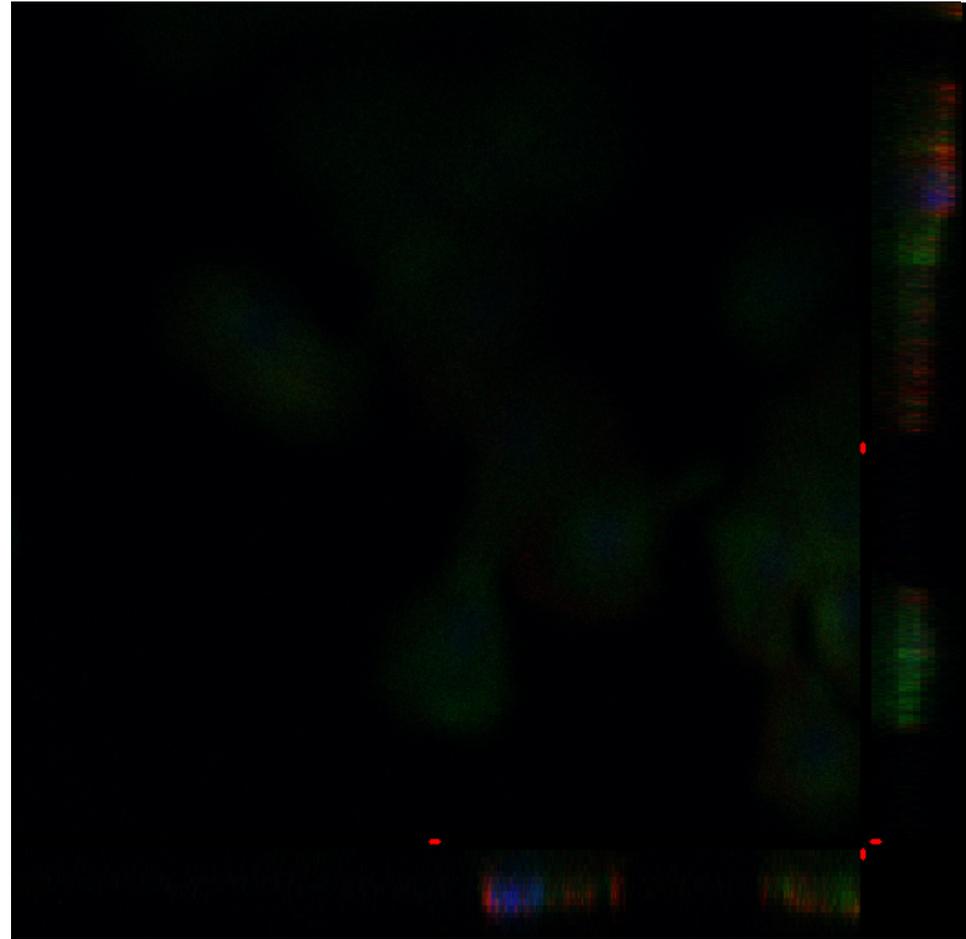
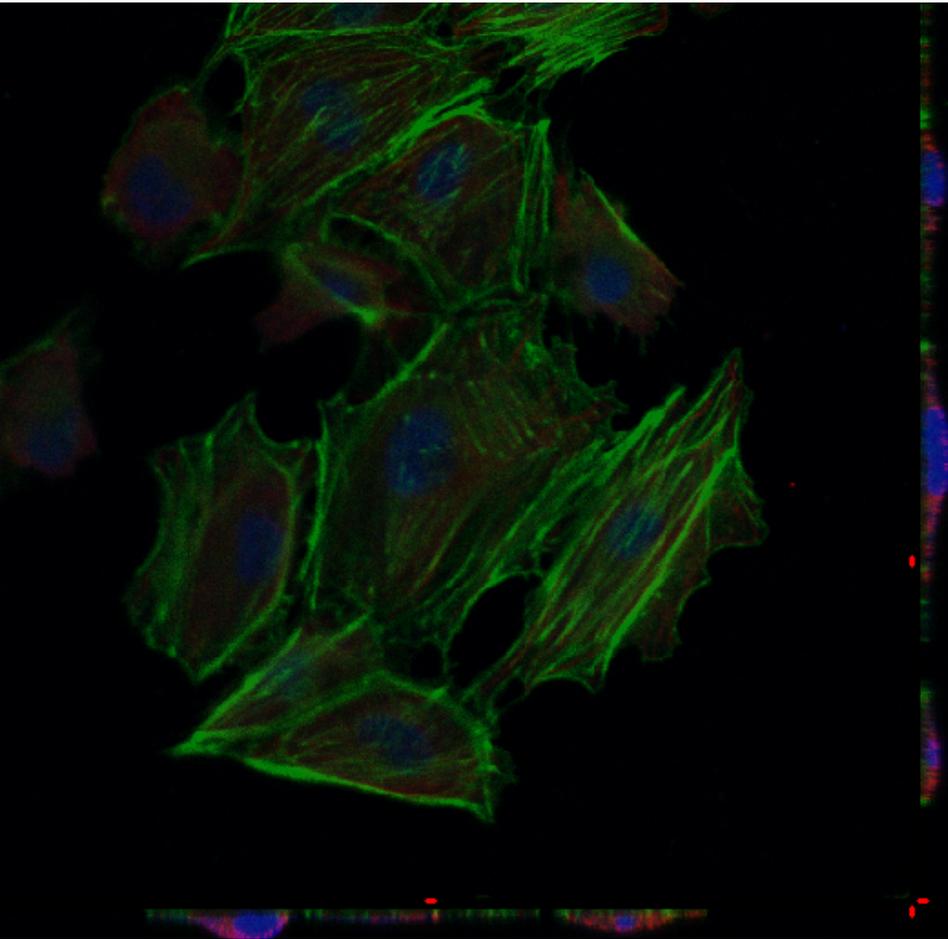
 Projected
sections
 specimen





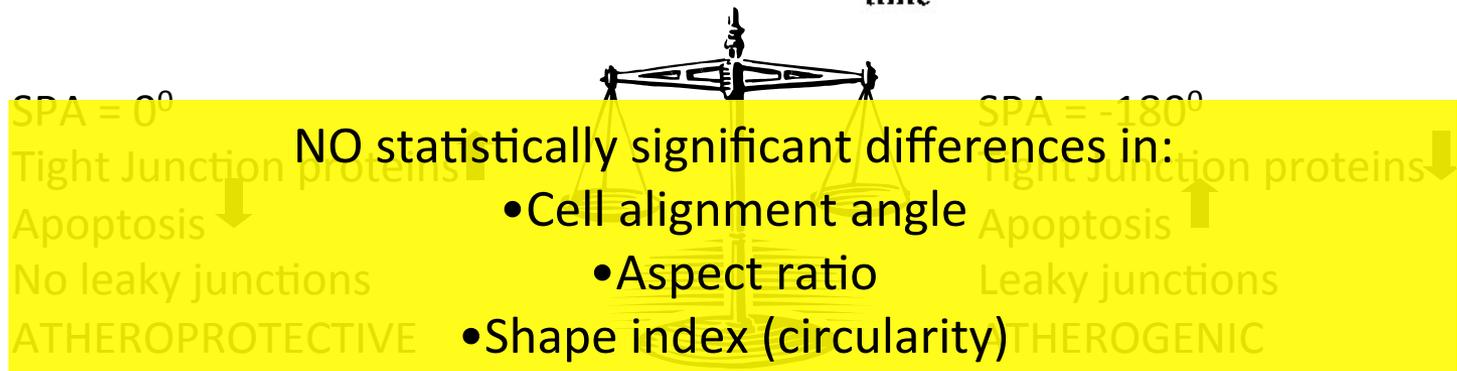
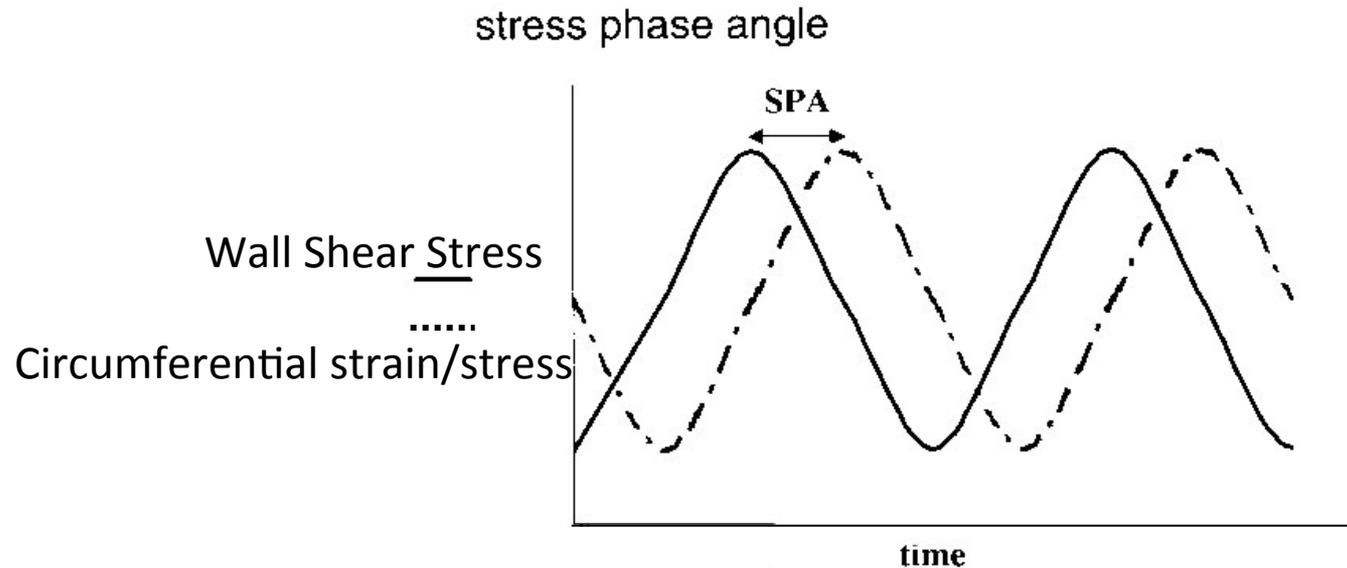
- F-actin
- tubulin
- nucleus

60X objective lens



Work in progress : investigation of remodeling and spatial distribution of cytoskeleton elements (F-actin, tubulin)

“Stretch and Shear Interactions Affect Intercellular Junction Protein Expression and Turnover in Endothelial Cells”*



*Berardi D., Tarbell J., Cellular and Molecular Bioengineering, Vol. 2, No. 3, September 2009, p.320-331

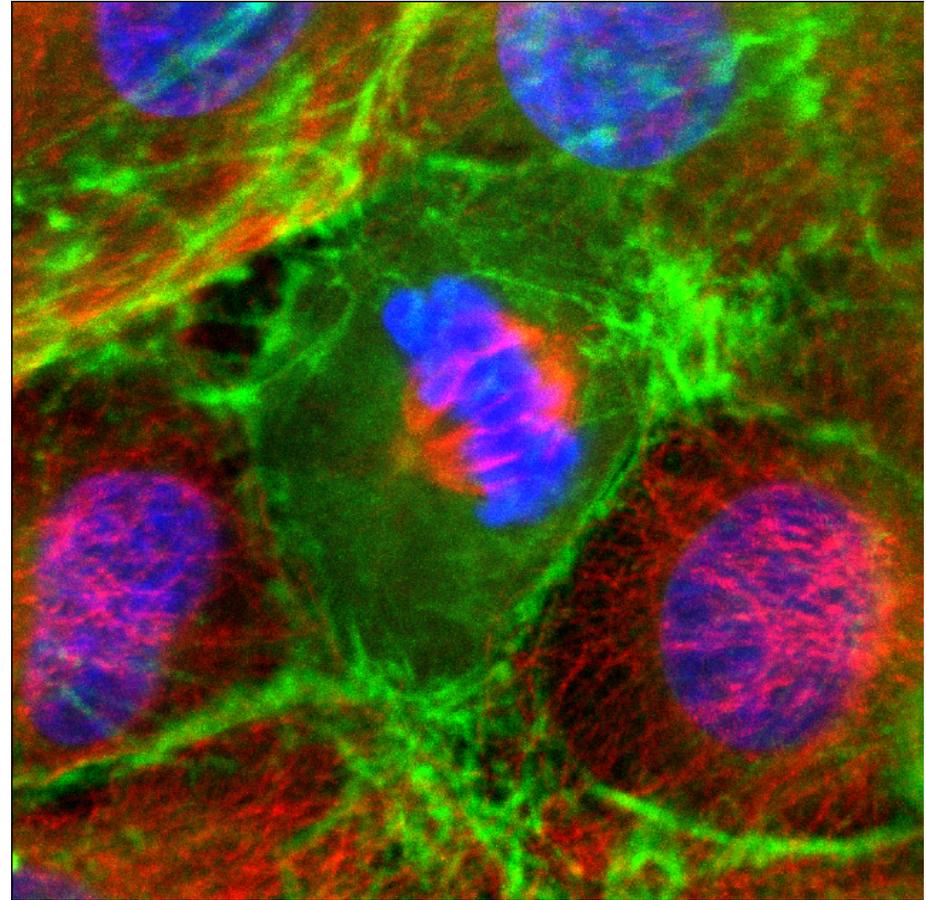
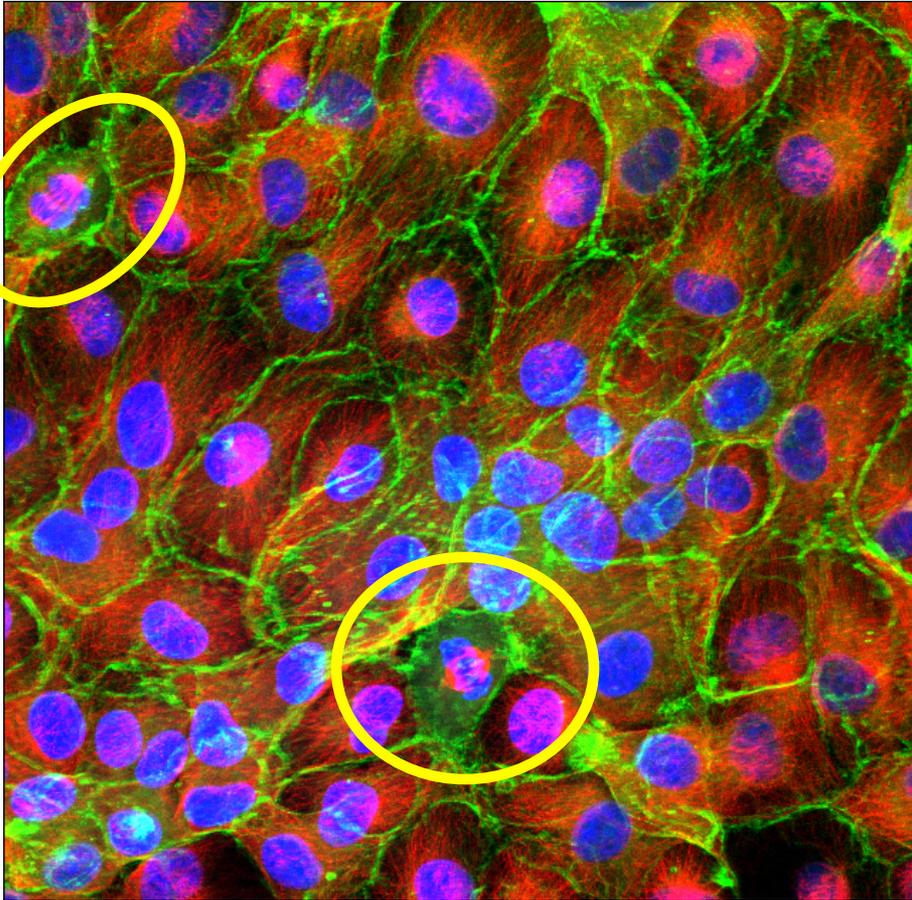
The most abundant proteins in our cells are there to generate mechanical forces.

If some of the over-riding principles of mechanobiology at the organ level are now known, then our understanding of underlying mechanisms at the cellular level still remains unclear.

For example, **how does the individual cell manage to sense physical forces locally in its three-dimensional microenvironment, respond to those forces or even generate those forces?**

More specifically, how do physical forces in three dimensions modulate cell adhesion, cytoskeletal tension, the rate of cytoskeletal remodeling as well as chemotaxis, durotaxis and cellular responses to tissue stretch?

Do local physical forces guide cellular migrations, or are forces a by-product of those migrations?



Cultivation under **fast (2000rph) rotation** for 15hrs after seeding
Increased number of dividing cells

Study of the multiparametric phenomena at the biomaterial-tissue interface under dynamic conditions

L. McIntire (1987!) : Culture HUVECs

Shear stress

rate of prostacyclin production

0

20 pg/10⁶ cells/min

(steady) 24 dyn/cm²

130 pg/10⁶ cells/min

(pulsatile) 24 dyn/cm²

310 pg/10⁶ cells/min

Chemical and Mechanical signals

- **Chemical** signals propagate through **diffusion** of molecules in the cytoplasm and their speed is limited by the chemical reaction rates (f.ex. phosphorylation), binding and/or diffusion rates.
- $D = 0.01 - 100 \mu\text{m}^2\text{s}^{-1}$: a molecule needs 1-100 s to travel 10 microns by diffusion (*Luo and Robinson, in "Mechanosensitivity and Mechanotransduction", Springer e-book, 2010*).
- **Mechanical** signals are transmitted through the **deformation** of the cytoskeleton of the cell along actin filaments, microtubules, and intermediate filaments.
- The speed of the mechanical signals depend on the elasticity of the cytoskeleton.
- They travel the 10 micron distance in sub-second timescales (*G.Forgacs, J.Cell Sci., 1995*).

- **Mechanical** signals travel **FASTER** than **chemical** ones.
- Signals can be transmitted over **long distances** and broad areas, and to **different organelles** through the network of elastic actin cytoskeleton (f. ex. Nucleus-nesprin, plasma membrane-ERM proteins, mitochondria-ABPs, stretch activated channels...).

- Already A.Grinnell (*Science, 1995*) showed that motor nerve terminals release neurotransmitters within 10 msec. after cell-surf. integrins are mechanically stressed.

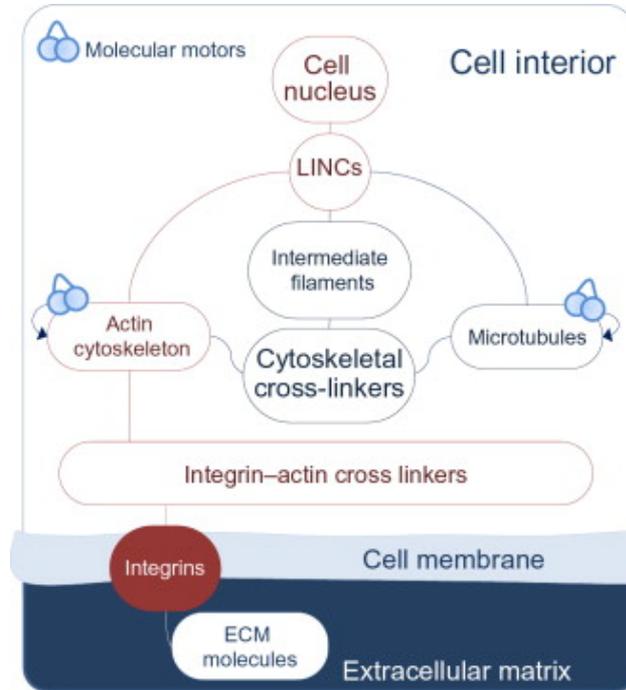


Figure 5.1 The cell mechanical network: The cell is mechanically wired from the ECM to the cell nucleus through a network of molecules. At the exterior, extracellular matrix molecules are mechanically coupled to transmembrane receptor proteins, integrins. ...

Zeinab Jahed , Hengameh Shams , Mehrdad Mehrbod , Mohammad R.K. Mofrad

Chapter Five - Mechanotransduction Pathways Linking the Extracellular Matrix to the Nucleus

International Review of Cell and Molecular Biology, Volume 310, 2014, 171 - 220

<http://dx.doi.org/10.1016/B978-0-12-800180-6.00005-0>

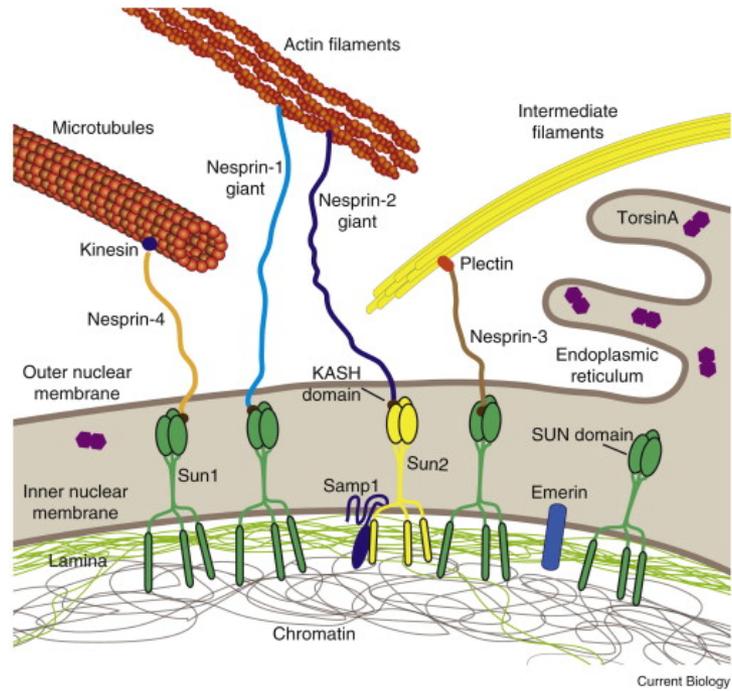


Figure 1 Schematic overview of LINC complex proteins and their connections to the cytoskeleton and nuclear interior. SUN proteins at the inner nuclear membrane bind to the nuclear lamina and other nucleoplasmic proteins while interacting with KASH domain ...

Philipp Isermann , Jan Lammerding

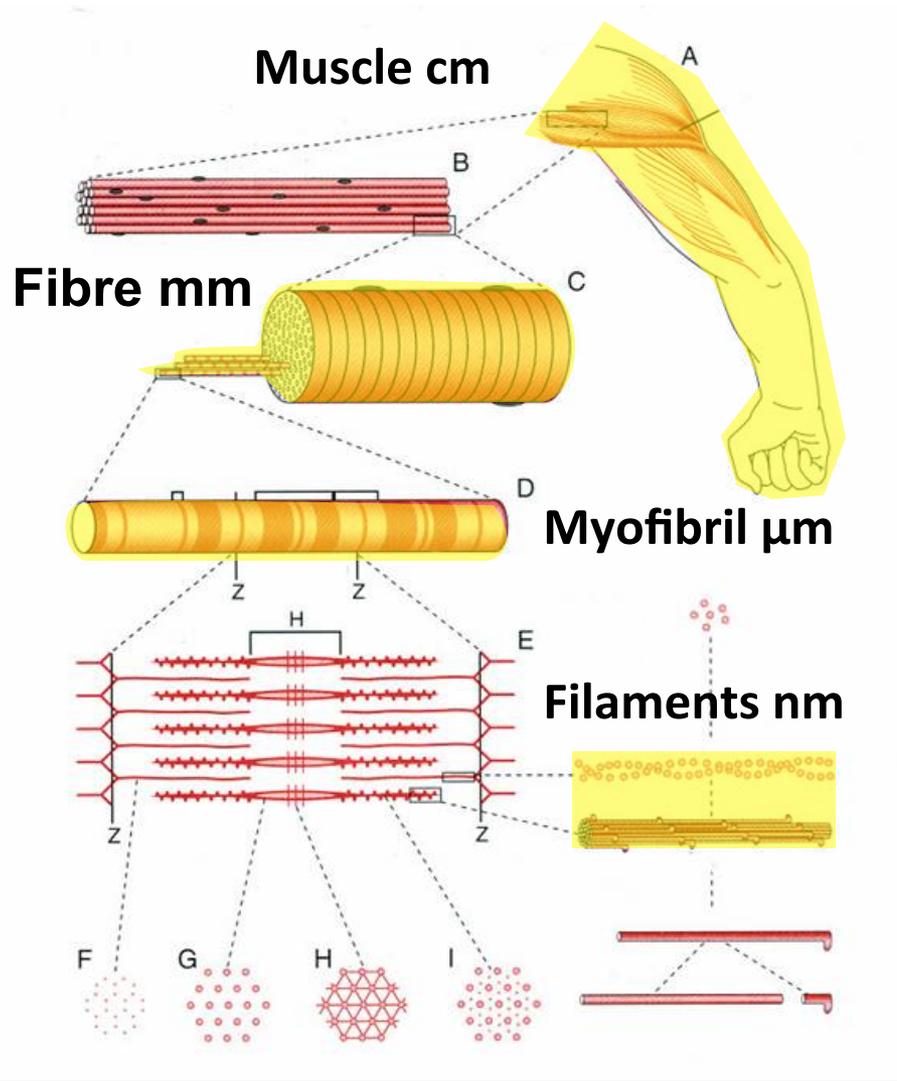
Nuclear Mechanics and Mechanotransduction in Health and Disease

Current Biology, Volume 23, Issue 24, 2013, R1113 - R1121

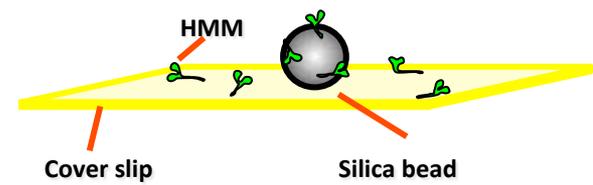
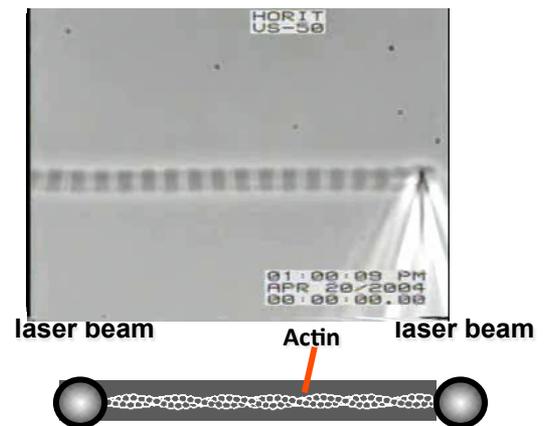
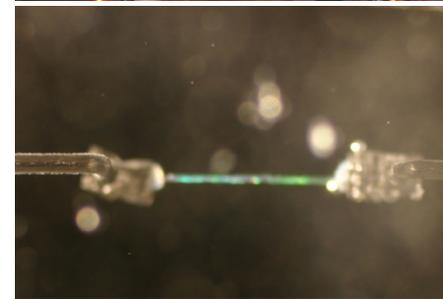
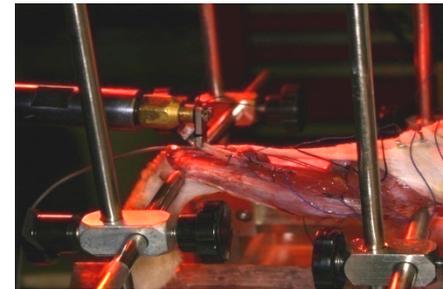
<http://dx.doi.org/10.1016/j.cub.2013.11.009>

Mechanics

- Forces (we cannot see them!)
- Deformations (we see them)
- Forces (stress) = $K * \text{Deformations (strain)}$
- **G** : natural phenomenon
- ***Rates (rhythms)***
- ***Differences in Potentials***



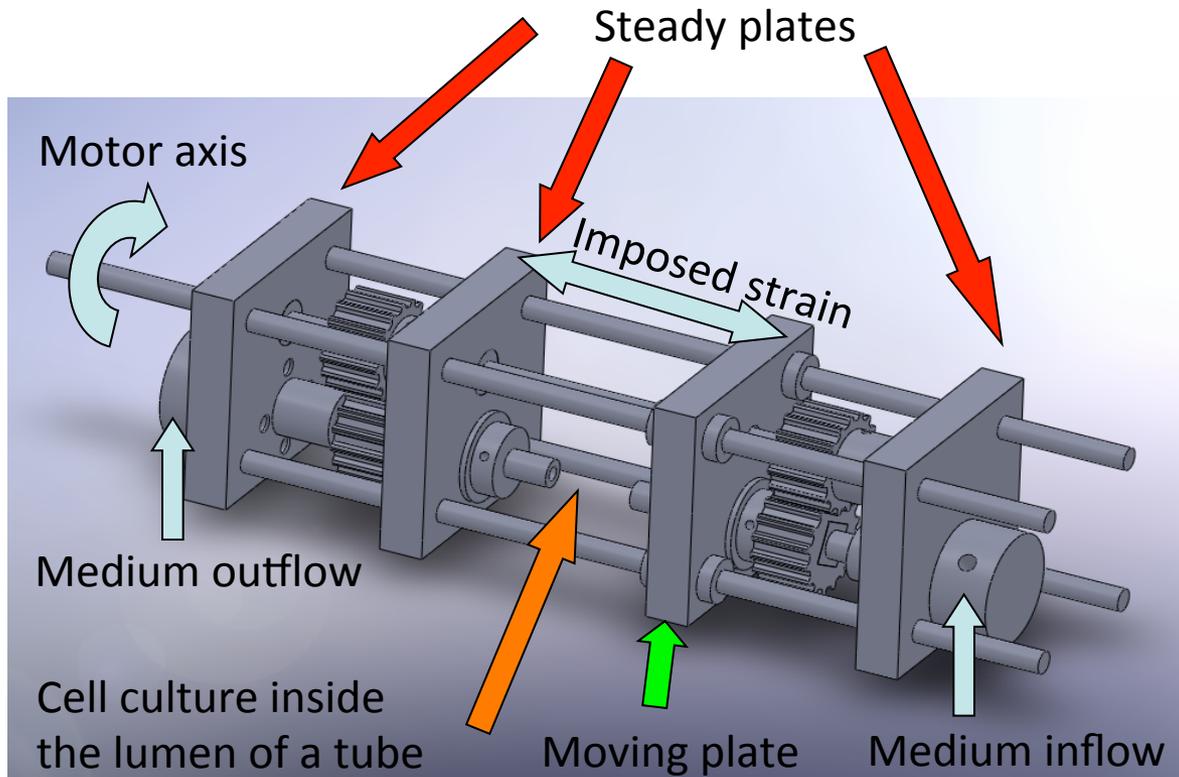
Muscle mechanics (after W. Herzog)



Humans in microgravity

- **Bones** (load bearing decrease, bone loss, calcium release, more brittle and weak, risk for bone fractures and kidney stone formation. Also radiation might impact bone loss).
- **Muscles** (leg and posture muscles might weaken or atrophy, exercise & nutritional intervention)
- **Fluid shift** (redistribution to upper part (puffy face, congestion), legs of smaller circumference)
- **Cardiovascular system** (heart becomes smaller, radiation might affect endothelial cells, initiating coronary disease)
- **The spine- Taller in space** (expansion of compressed vertebral discs, back pain)
- **Inner ear and balance system** (disorientation, nervous misinformation (f.ex. Otoliths: gravitation dependent function))
- **Sleep and performance** (24h cycle, body clocks)
- *after : National Space Biomedical Research Institute*

Design and construction of a multipotent testing device

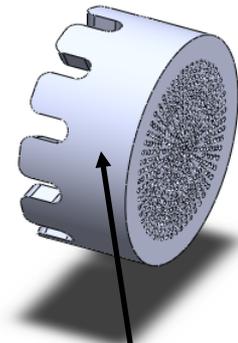


Functional modes of the bioractor :

- shear stress, as a result of the medium flow,
- normal stress attributable to internal pressure,
- substrate strain due to vessel's wall compliance and
- gravitational forces (gravity orientation due to rotation)

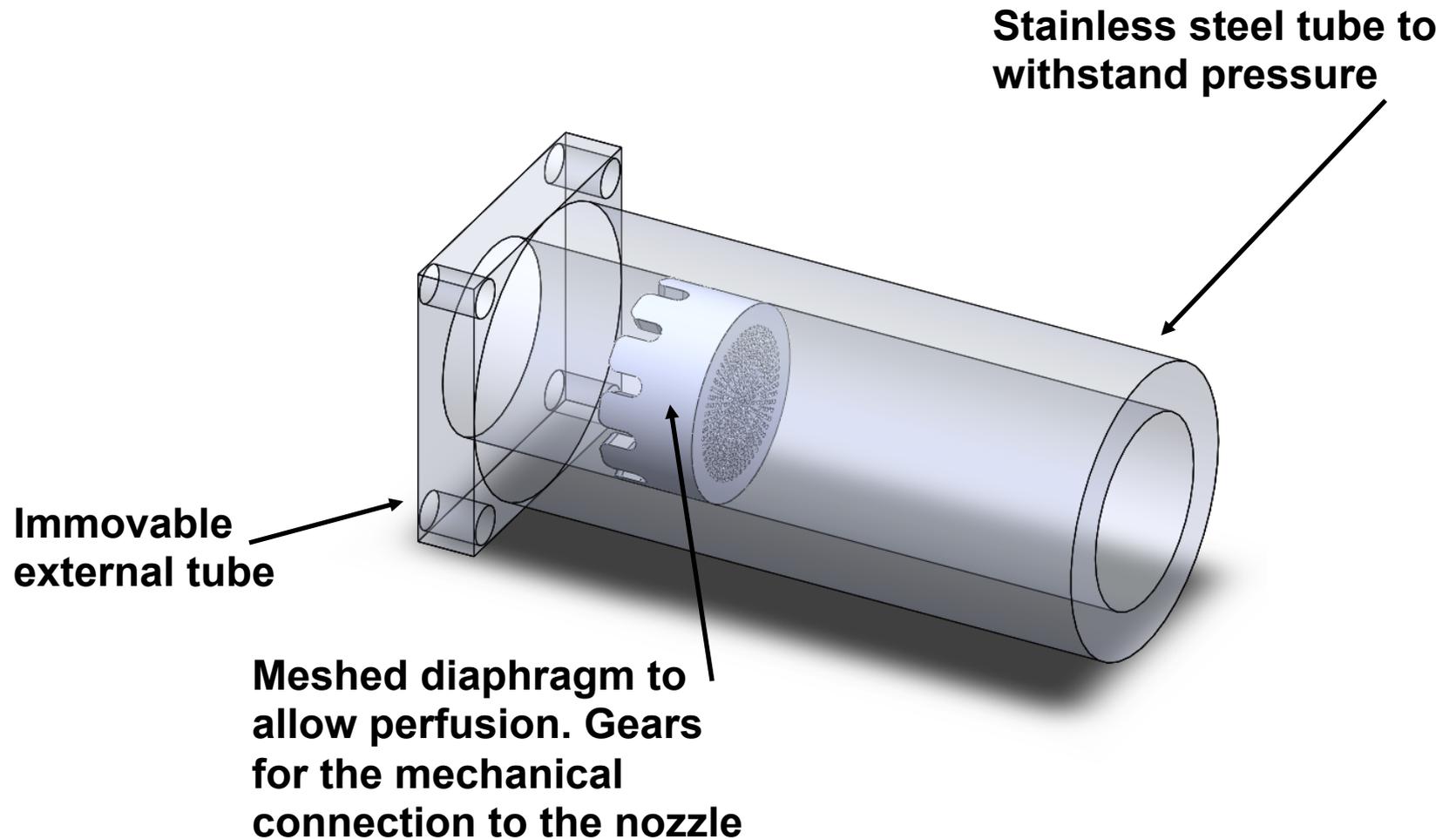
Drawing of the rotating wall bioreactor created by 3-D CAD software (Solidworks)

Possible modification of the device's loading mechanism to test tissue engineered cartilage constructs

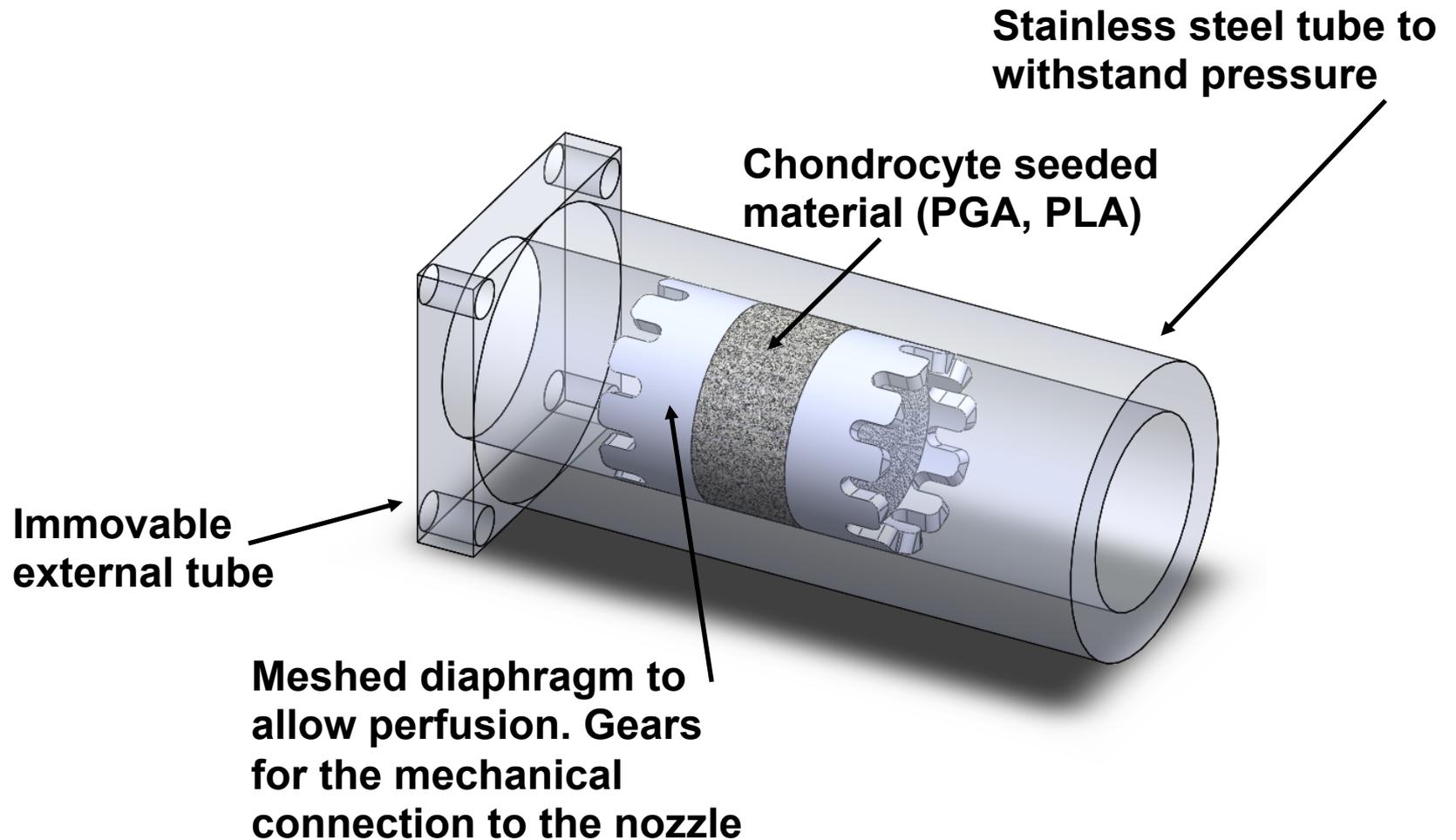


Meshed diaphragm to allow perfusion. Gears for the mechanical connection to the nozzle

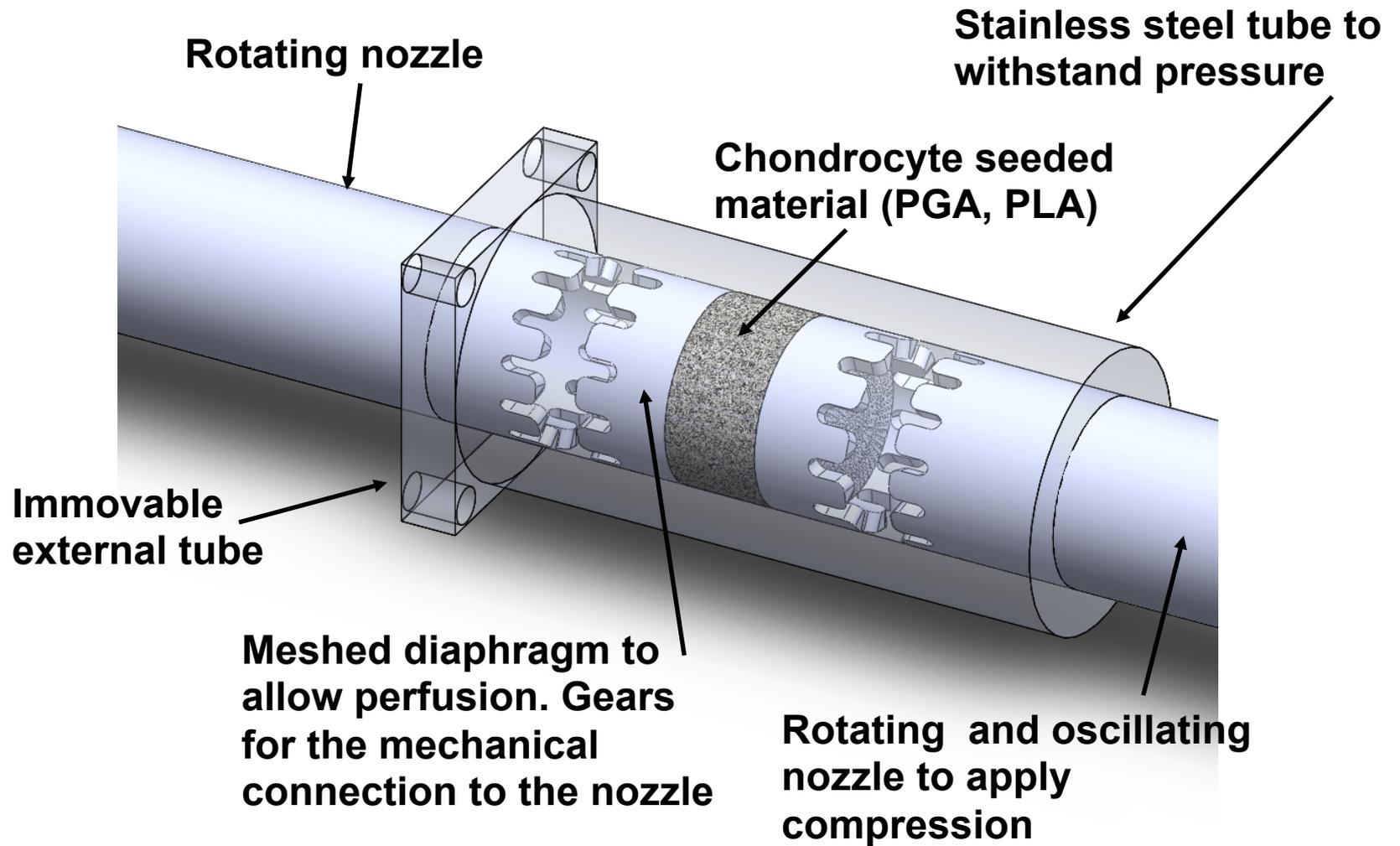
Possible modification of the device's loading mechanism to test tissue engineered cartilage constructs



Possible modification of the device's loading mechanism to test tissue engineered cartilage constructs



Possible modification of the device's loading mechanism to test tissue engineered cartilage constructs



Bioreactor specialized for
musculoskeletal tissue generation



Concluding discussion

- *Cells in-vitro already have lost part of their in-vivo information*
- *Culturing conditions “guide” somehow their fate*
- *There are many communication pathways between the cell nucleus and the cell’s environment*
- *These pathways: biochemical, ECM related, mechanical etc. alone or in concert ALL give appropriate signals*
- *Fate/differentiation of stem cells is partly based on mechanical cues*
- *Influence of specific drugs/soluble factors on the fate of cells is strongly dependent on the appropriate mechanical environment*

Future Suggestion

- *Appropriate (?) combination of dynamic **mechanical signals** reach first the nucleus and rearrange the chromatin...*
- ***Epigenetic** changes might take place, including methylation, histone modifications and miRNA involvement*
- *The extent of epigenetic input is a result of the appropriate combination of **biochemical signals** that arrive at the site **AFTER** mechanics has set the stage...*
- *Studies on the **gene expression** of dynamically cultured cells *in-vitro* should take the above into account*

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Yannis Missirlis

BIOLOGICAL AND MEDICAL PHYSICS, BIOMEDICAL ENGINEERING

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